



Please forward items for inclusion to english@sandiego.edu

English Dept. Newsletter



ANNOUNCEMENTS

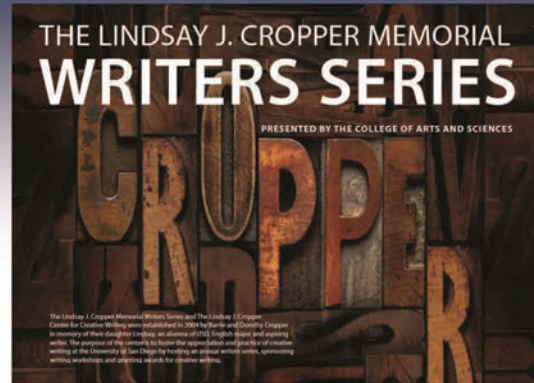
Fri, March 15, 7:00pm, in the Manchester Conf. Ctr. Auditorium: THE LINDSAY J. CROPPER MEMORIAL WRITERS SERIES: LYNN FREED & BEN DOLLER. Lynn Reed, fiction writer, and Ben Doller, poet, will be our featured readers. Dessert reception & book signing to follow. Free & open to the public. We'll see you there! More info at: www.sandiego.edu/cas/english/cropper/series.php.

IMPORTANT DATES:

- Mar 10: Daylight Saving Time
- Mar 14: Kyoto Symposium: Gayatri Chakravorty Spivak
- Mar 14: Career Expo
- Mar 15: Cropper Series
- Mar 25-Apr 1: Spring Break
- Mar 29: Good Friday: Admin Offices Closed

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Lynn Freed



Ben Doller

Free Reading!

Friday, March 15, 2013, 7:00pm

Manchester Conf. Ctr. Auditorium

*Dessert Reception &
Book Signing to follow*



<http://www.sandiego.edu/cas/english/cropper/series.php>

Wed, March 6, 12:00-1:00pm in UC Exhibit Hall: CID Sweet Celebration.

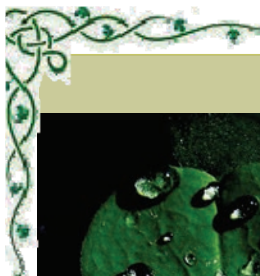
Join the Center for Inclusion & Diversity (CID) as they collaborate with the Women's Center to kick off Women's History Month. The reception will include a brief background of Women's History Month by Dr. Lori Watson and performances by USD students. All faculty, staff, administrators, & students are welcome to attend! Co-sponsored by: Women's Center and Center for Inclusion & Diversity.



"Like" us on Facebook:
[facebook.com/USDEnglish](https://www.facebook.com/USDEnglish)



DEPARTMENT OF ENGLISH WEB PAGE:
www.sandiego.edu/cas/english
Check us out online!



“The single biggest problem in communication is the illusion that it has taken place.”

—George Bernard Shaw



ANNOUNCEMENTS

Thur, March 7, 4:00-5:30pm in Salomon Hall (Maher 240): Spanish Creative Writing Symposium. USD’s Latin American Studies invites you to join them & writers Ana Merino, Martin Camps, & Pablo Brescia for a discussion on the creative writing process in Spanish and a bilingual reading of their works. The US has been home to a rich & diverse Latin American Latino & Spanish literary community throughout its history. In the 19th & 20th centuries, writers from all over the Americas & Span — Jose Marti (Cuba, Federico Garcia Lorca (Spain), & Gabriela Mistral (Chile) — either spend extended periods of time in the US or, like Isabel Allende (Chile, Jose Kozer (Cuba), & Edmundo Paz-Soldan (Bolivia), just to name a few, settled & made this country their home. This event was made possible with the support of Dept of Languages & Literatures, and the International Center.



Sun, March 10, 2:00am: Daylight Saving Time Begins. Spring Forward! Don’t forget to move your clocks FORWARD one hour.



Thur, Mar 14, 10:30am-12:00pm in Shiley Theatre, Camino Hall: Kyoto Prize Symposium featuring the 2012 Arts & Philosophy Kyoto Prize Laureate Gayatri Chakravorty Spivak. Professor Spivak is an Indian theorist and philosopher as well as a political and social activist. She is a University Professor at Columbia University and a founding member of the school’s Institute for Comparative Literature and Society. Professor Spivak is committed to fulfilling what she regards as a profound and ethical responsibility toward minorities who have been deprived of language and history through an invisible structure of oppression. Her social work in this regard has earned her respect around the world. For more information and to register go to www.sandiego.edu/kyoto. Free admission. Registration required to attend.



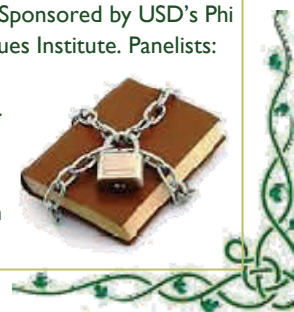
Thur, March 14, 12:15-1:30pm in Maher 207: Under the Vatican—The Circus and the Tombs. Classical Studies presents a lecture by Dr. Florence Gillman, Classical Studies Program Coordinator and Professor of Biblical Studies. During this time of a papal election, when many eyes are Vatican-watching, this lecture will survey the ancient situation of the Vatican underground, where the Emperor Nero’s Circus and the traditional tomb of St. Peter are found. All are welcome! Light refreshments will be served.



Thur, March 14, 7:00-9:00pm in Manchester Conf. Ctr. Auditorium: Forum on Academic Freedom and Religiously Affiliated Universities. Sponsored by USD’s Phi Beta Kappa chapter, Provost Office, College of Arts & Sciences, & Values Institute. Panelists:

- Don J. Briel, Koch Chair in Catholic Studies
- Kelly James Clark, Senior Research Fellow, The Kaufman Interfaith Institute
- B. Robert Kreiser, American Assoc. of University Professors

Moderated by Orly Lobel, Professor of Law, USD. Dessert reception to follow. RSVP to <http://usdacademicfreedomforum.eventbrite.com/>.





“The old
believe everything;
the middle-aged
suspect everything;
the young
know everything.”

—Oscar Wilde



ANNOUNCEMENTS

DEPARTMENT OF ENGLISH

THE WRITING CENTER NOW OPEN!

(619) 260-4581

www.sandiego.edu/cas/english/writing_center

Call for appt. or drop in for **FREE** tutoring
from brainstorming notes to rough drafts to graded essays

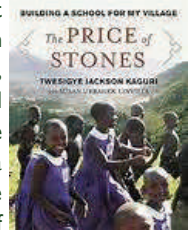
SDSU's PowerSave Organization invites your department and any affiliated students to join us at the **San Diego Student Sustainability Conference** on Saturday, April 13, 2013, 8:00am-6:30pm, hosted at San Diego State University. We are looking forward to having students, faculty and staff from all local San Diego universities come and share and discuss sustainability concepts, projects and progress. Students and faculty alike will be able to host educational sessions, so that they can tell others about sustainable ideas that worked on their prospective campuses or in their fields of study. The event will conclude with an address by Richard Louv, national best-selling author. If any student or faculty from your department has interest in presenting at the Sustainability Conference, **apply online by March 30th**, with a short proposal of what you would discuss. Workshops are focused on:

- Water
- Business
- Energy
- Food
- Urban Development
- Transportation

For more information, or details, visit <http://www.sdstudentsustainabilityconference.org/> or email Eliana Moustakas at sdsupowersave@gmail.com with questions. Thank you for your time and we hope to hear from you soon, SDSU PowerSave Green Campus. †

2013 Ploughshares Emerging Writer's Contest! The contest runs till April 2 at 12:00 noon EST. One winner in each genre—fiction, poetry, and nonfiction—will receive \$1,000 and publication. They consider you "emerging" if you haven't published or self-published a book. Info: <https://www.pshares.org/submit/Emerging-Writers-Contest.cfm>.

Thur, Apr 4, 12:15-1:30pm, in SOLES 145: Changemaker Book Club. The Changemaker Hub and Human Resources invite you to join us for our first Changemaker Book Club: *A School For My Village*, by CNN hero Jackson Kaguri. Can one person really make a difference in the world? Jackson, Kaguri, a CNN hero defied many naysayers and his own nagging doubt and proved that, with a dream and incredible determination, he could change many lives. *A School For My Village* is the stirring story behind the Nyaka AIDS Orphans School. Weaving together tales from his youth with the enormously inspiring account of the remarkable challenges and triumphs of the school, Kaguri shows how someone with a modest idea is capable of monumental results. First 10 people to register for the book club get a free copy of the book! Register at: jcivas@sandiego.edu.





ANNOUNCEMENTS



Newly refurbished/replaced flooring! 2/25/13



Damaged flooring torn up/
New replacement wood tiles to be laid
2/20/13



Water-damaged flooring 1/21/13

The Writing Center's Flooring Repairs Progress. Over Intersession, a water valve to the heating baseboard unit failed and the ensuing water leak severely damaged the original wood parquet floor in the Writing Center's Founders Hall 190B space. After several weeks of drying out, the damaged wood parquet was removed, new wood tiles were installed, and the entire floor (both old and new sections) was refinished/finished to a stunning new floor! Baseboard repairs and touch-up painting will complete the repair job. In the interim, the Writing Center temporarily re-located to the former Health Center space in Camino 161. More info on The Writing Center and the services it provides: http://www.sandiego.edu/cas/english/writing_center/.

THE WRITING CENTER

Temporarily located in former Health Center, CH-161
http://www.sandiego.edu/cas/english/writing_center/

619-260-4581



STUDENT NEWS

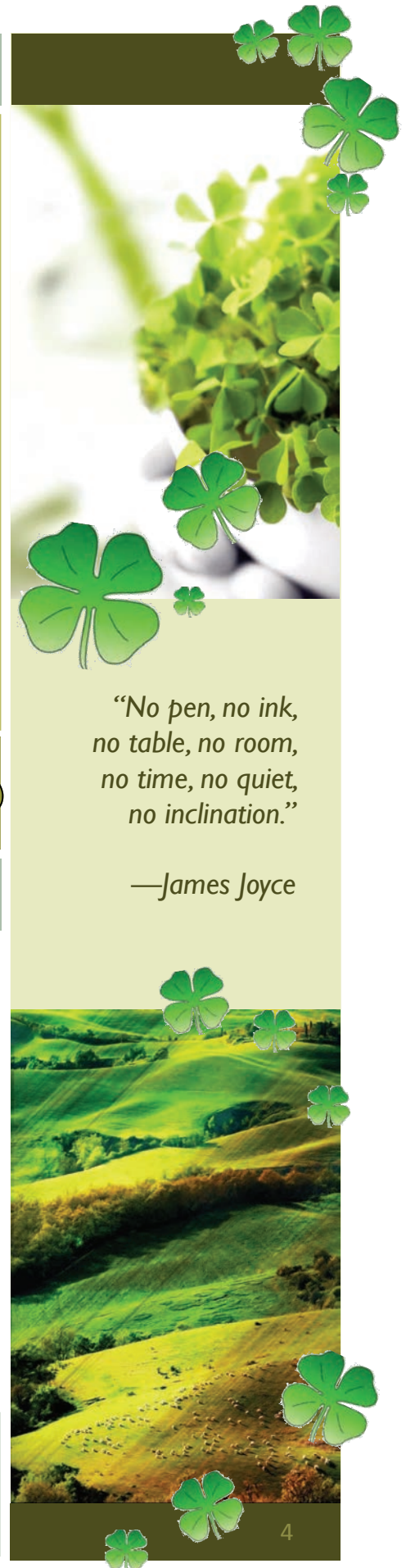
Summer Session 2013 English Courses Offered! Registration for summer classes is March 4-29, 2013. Sign up now for an English course. We're offering:

- **ENGL 100 Intro to College Writing, Lisa Hemminger.** A six-week session from 6/24-8/2/13.
- **ENGL 228 Studies in World Lit: World Cinema, Joe McGowan.** Will consider primarily the world of cinema outside of Hollywood and secondarily American films outside the system.
- **ENGL 280 Intro to Shakespeare, Abe Stoll.** Will take advantage of San Diego's renowned Old Globe Theatre to see several Shakespeare plays in performance.
- **ENGL 304W Writing Autobiography, Fred Robinson.** Fulfills the upper-division written literacy requirement for non-English majors only; it will fulfill upper-division elective units for English majors.
- **ENGL 357W American Autobiography, Irene Williams.** Fulfills the upper-division written literacy requirement for both English majors and non-English majors; it will also fulfill upper-division elective units for English majors.

For more info, please go to the Summer Sessions website: www.sandiego.edu/sio.

Congratulations to Anna Halligan, Honors Program Senior of the Week, Feb 18-22!

Anna, a Theatre/English double-major, earned First Honors every semester at USD. She also received the 2011 Irene Ryan Scholarship Nomination by the Kennedy Center for her acting performance in Mrs. Bob Cratchit's Wild Christmas Binge. Anna will graduate in Spring 2013. For full-article, go to <http://www.facebook.com/pages/USD-Honors-Program> 2/18/13 post.



*"No pen, no ink,
no table, no room,
no time, no quiet,
no inclination."*

—James Joyce



STUDENT NEWS

Congrats to Faye Mankowske! Faye, an English/Biology double-major, won 2nd Place in the **USD Just Read! Student Essay Contest**, revolving around Rachel Carson's *Silent Spring*. View her essay at: http://www.sandiego.edu/cee/usd_just_read.php. Congratulations, Faye!

Copley Library Workshops, in Copley Library Seminar Room:

- **Tue, Mar 12, 1:00-2:00pm: Image Quest.** Learn how to locate images with databases like ARTstor and Oxford Art Online; free resources like Visual Collections, Getty Images, and Google Images; and Copley Library's own image collections. Also learn ways to incorporate images into presentations and how to properly use and cite images. Presenter: Martha Adkins, Reference Librarian.
- **Sun, Mar 17, 4:00-5:00pm: Untangle the Web of Knowledge.** Web of Knowledge will help you quickly find, analyze, and share information in the sciences, social sciences, arts, and humanities. Useful for all students, Web of Knowledge makes it easy for you to find and analyze past and present available research in your field. Presenter: Amy Besnoy, Science Librarian.

Register at: <http://libcal.sandiego.edu/>.

Undergraduate and Graduate Students: Have you Missed out on **Outside Scholarships?** You need to plan ahead to have a chance. It can be worth it! Private outside scholarships can usually replace loans and work in a student's financial aid package.

- Do an online scholarship search at Sallie Mae's Free Scholarship Search www.collegeanswer.com. Also check www.fastweb.com.
- Watch the Outside Resources boards near the USD Office of Financial Aid or visit the USD Financial Aid website: <http://www.sandiego.edu/financialaid/scholarships/>.
- Use the USD Guide to Outside Resources of Financial Aid for information about private scholarships (available on the USD Financial Aid website: <http://www.sandiego.edu/financialaid/resources/guides.php>).

USD students received over \$4.3 million in outside scholarships for 2011-2012!



STUDENT WORK/INTERNSHIP OPPORTUNITIES

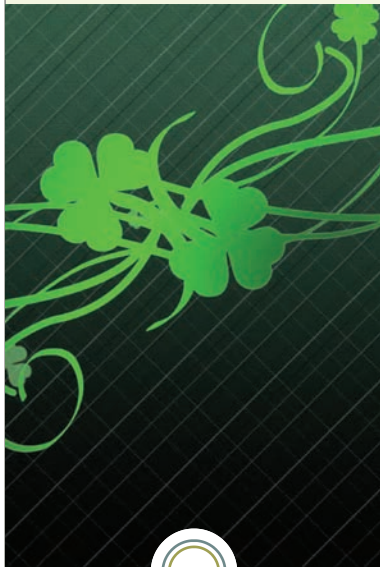
New bulletin board information! Part of the bulletin board by Founders 170 now has **Student Work/Internship Opportunity** items on it. Come check out resume-building workshops, internships, jobs, and other pertinent information to help you out in starting a career!



The Fund for the Public Interest is a national non-profit organization that works to build grassroots campaigns for progressive organizations across the country. We work with groups like the Human Rights Campaign, USPIRG, and Environment America. This fall we will be in over 35 cities, working and lobbying to help win environmental and social justice campaigns. This last year our staff helped to protect the Pacific by banning single use plastic grocery bags in over 50 cities across the state of California. We also helped repeal Don't Ask Don't Tell, and increased food safety standards to make school lunches safer. Currently, we have paid positions open for campaign staff out of our San Diego office in Mission Hills. We are looking for candidates who are hard workers, have excellent communication skills, and are dedicated to working towards positive environmental and social change. As a member of our staff, you will fundraise, build membership for our partner groups, and educate and activate citizens on pressing issues. You will also have the opportunity to organize press conferences and build coalitions with other non-profit organizations. While on staff you will learn how to effectively generate public support, and build upon your understanding of the political process. You can get involved by applying online at <http://fundforthepublicinterest.org/apply-now> or by calling our office at (619) 297-5512 to schedule an interview. Maryann Tekverk, Recruitment Director – Fund for the Public Interest, 4015 Ibis St. Suite B, San Diego, CA 92103.

*“We are minor
in everything
but our passions.”*

—Elizabeth
Bowen





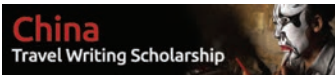
STUDENT WORK/INTERNSHIP OPPORTUNITIES

USD Career Services Events:

- **Wed, March 6, 5:00pm in Serra 215: HD Supply Summer Internship Information Session.** HD Supply Facilities Maintenance is recruiting for 24 Summer Intern positions to work at their corporate office in San Diego. Internships opportunities are available in: Marketing; Accounting & Finance; Customer Care; e-Business; Human Resources; Information Technology; Logistics; Merchandising; & Sales Analytics.
- **Fri, March 8, 12:30-1:30pm in Serra 212: Prepare for the Fair: Preparation for Careers Expo.** How to work the upcoming Job Fair (Career Expo 2013) on 3/14/13. Tips for success at USD's Career Expo— because you only have one shot at getting it right! Join Dr. Alan Farber of USD Career Services as he shares tips for impressing recruiters at Career Expo: Pre-Fair research; Resume tips; What to say (and what not to say); Professional dress & decorum; Good questions to ask; & Follow up. All Majors welcome! SBA Passport Approved. Please RSVP to <http://bitly.com/ceprepws>.
- **Tue, March 12, 12:30-2:00pm in Serra 212: FBI Information Session.** The FBI is seeking full-time Special Agents and Support Positions. Bachelor's, Master's, all Majors are welcome! You may bring your resume to the Presentation.
- **Thur, March 14, 11:30am-2:00pm in UC Forums: Careers Expo 2013.** For list of Organizations attending: http://www.sandiego.edu/careers/events/career_expo/index.php.
- **Tue, March 19, 12:30-2:00pm in Serra 209: CIA Information Session.** Learn more about CIA career opportunities — recruiters will be accepting resumes (dress appropriately). To view multiple job descriptions and to apply for CIA jobs, please visit their website at www.cia.gov.
- **Tue, March 19, 5:00-9:00pm: Torero Networking Night: Job Fair for Student-Athletes.**

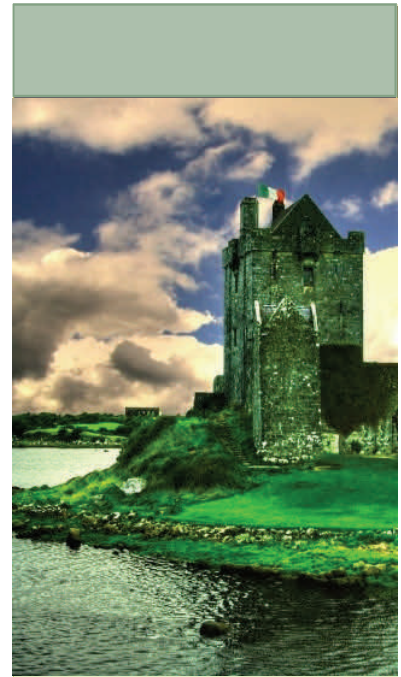
More events & info at: <http://www.sandiego.edu/careers/>. Career Services is in Hughes 110.

JOB OPPORTUNITY: Are you graduating this spring or a recent USD grad? **Apex Energetics**, an Irvine-based company that makes nutritional products and homeopathic formulas, is looking for an **Assistant Editor/Proofreader**. This individual will be responsible for copy editing, proofreading, and writing Apex's electronic and print communication pieces. Specifically, job responsibilities include editing PPT presentations, seminar manuals, product labels, and marketing materials, as well as writing educational articles. Looking for a detail-oriented individual who has a strong work ethic, a passion for accuracy, and a commitment to team success. We are an EOE and offer a competitive compensation (\$16-\$18/hour) and benefits package. Important: E-mail resume with "Assistant Editor" in the subject line to resumes.hr@apexenergetics.com.[†]



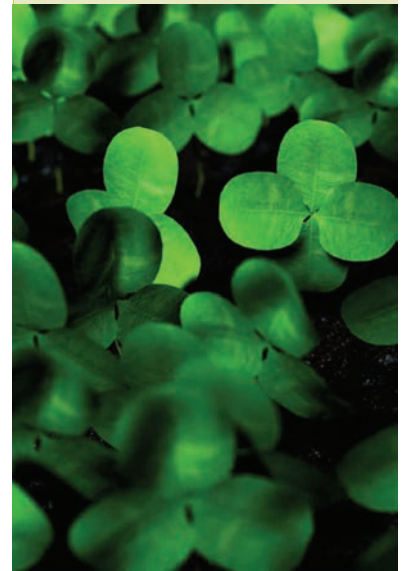
SCHOLARSHIP OPPORTUNITY: WorldNomads.com (www.worldnomads.com) in conjunction with Rough Guides (www.roughguides.com) is offering the chance to be mentored by Rough Guides travel writer Martin Zatko. The scholarship recipient will work with Martin in Beijing and also have the chance to write for Rough Guides (including a review of the Forbidden City!). The resulting work will be considered for publication in the next edition of The Rough Guide to China. The winner of the scholarship will also join international travel journalist and Beijing local, Kit Gillet, for a three-day adventure into his backyard to explore the hutong alleyways, the burgeoning Chinese art scene & even spend a night camping on the Great Wall! For the last leg of the scholarship, they will discover the rich food culture of Beijing with three culinary experiences (think tea tasting & dumpling making classes) from Hias Gourmet. Applicants for the scholarship must submit a personal travel essay based on one of the following themes: 'Understanding a Culture through Food', 'Catching a Moment', 'Sharing Stories - A Glimpse into Another's Life', or 'A Local Encounter that Changed my Perspective'. They will also be asked to provide a statement on why they should be awarded the 2013 Travel Writing Scholarship. All interested students should visit the World Nomads Scholarship page <http://scholarships.worldnomads.com/> for more information. **Deadline for entrants: April 19, 2013.**[†]

China Travel Writing Scholarship



“Poetry is always slightly mysterious, and you wonder what is your relationship to it.”

—Seamus Heaney





*“Being Irish,
he had an abiding
sense of tragedy,
which sustained him
through temporary
periods of joy.”*

—William Butler Yeats



STUDENT WORK/INTERNSHIP OPPORTUNITIES

Volunteer in South Africa: One Heart Source. Volunteer in Cape Town, South Africa! Interested in spending 4 weeks in South Africa? We offer programs throughout the summer for college students. Volunteers tutor math and HIV/AIDS prevention while living in an African community. Besides tutoring, volunteers will be traveling around the greater Cape Town area: cage diving with great white sharks; hikes up Table Mountain and Lions Head; and great local cuisine. Besides having an experience of a lifetime, it is a sure resume builder. If interested contact ONE HEART SOURCE Intern: Lucas Parelus at 408-786-7467 or lucas.usd@oneheartsource.org, and apply at: www.oneheartsource.org. †



AMAPERU World: VOLUNTEER IN PERU SUMMER BREAK 2013!!! Looking for something to do this summer break? Are you interested in travel and volunteer work? Come volunteer with AMAPERU and spend your summer break helping the communities of Peru. Apply now to become part of our non-profit organization and volunteer in our programs of teaching English or Clinical volunteer. Our clinical program will give you hands-on experience in the medical field. In the teaching English program you will have the opportunity to design and teach children in the national elementary schools. Great program for English, Pre-Nursing Pre-medicine/Health, Nutrition, Psychology, Education, Sociology, Interpretation, Spanish, Family Studies, and Public health majors!!! For more information info@amaperuweb.org or contact our coordinator gabirico3@email.arizona.edu. Check out our webpage: www.amaperuweb.org. †

Summer Teaching Opportunities. The Institute of Reading Development is seeking candidates for summer 2013 teaching positions. We seek applicants with an undergraduate degree or higher from any discipline. We provide a paid training program and comprehensive ongoing support. Summer teaching positions with the Institute offer the opportunity to: 1) Earn more than \$6,000 during the summer. Teachers typically earn between \$500 and \$700 per week while teaching; 2) Gain over 500 hours of teacher-training and teaching experience with a variety of age groups; and 3) Help students of all ages develop their reading skills and ability to become imaginatively absorbed in books. The Institute is an educational service provider that teaches developmental reading programs in partnership with the continuing education departments of more than 100 colleges and universities across the United States. Our classes for students of all ages improve their reading skills and teach them to experience absorption in literature. We hire people who: 1) Have strong reading skills and read for pleasure; 2) Have a Bachelor's Degree in any discipline; 3) Are responsible and hard working; 4) Have good communication and organizational skills; 5) Will be patient and supportive with students; & 6) Have regular access to a reliable car. We invite you to submit an online application & learn more about teaching for the Institute at our website: <http://instituteofreadingdevelopmentteachingjobs.com/>. †

† *DISCLAIMER: Paid and unpaid internship opportunities, and other information are posted for informational purposes only. The postings do not constitute an endorsement by the University of the opinions or activities of the internship provider.*



FACULTY NEWS

Piotr Florczyk, adjunct faculty, has just published a new volume of translations of Polish poetry: *Froth: Poems* by Jarosław Mikołajewski (Calypso Editions, 2013). According to the publisher, "Froth, gathers thirty-two of Mikołajewski's best poems, which Ilya Kaminsky calls "contemporary European poetry at its best: tender, unpredictable, a hymn, a love poem, a moment of laughter, of revelation," while Adam Zagajewski writes, "Mikołajewski's poems are kicking, running, appealing to us, readers. His poems live."

Timothy Randell, adjunct faculty, has had a proposal accepted for a special session within the 111th annual conference of the Pacific Ancient and Modern Language Association (PAMLA). He will preside over a session titled "Child Labor and American Modernism (1890-1930)" as part of the conference's theme, "Stages of Life: Age, Identity, and Culture." The conference will be held in San Diego in November 2013.

AFFIRM Distinguished Lecture Series, with Dr. Bevelee Watford, Professor, Virginia Tech College of Engineering & Director of the Center for the Enhancement of Engineering Diversity.

- **Thur, March 7, 12:15–2:15pm in KIPJ, Room I: AFFIRM Workshop: Diversity, From Thought to Action.** It seems that everyone wants diversity, but often are confused about what can or should be done. This talk will discuss what has been done at Virginia Tech, both successful and not-so-successful activities. The hope is that this will stimulate discussion of what can be done in other environments, including San Diego.
- **Thur, March 7, 7:00–8:30pm in Warren Auditorium (SOLES): AFFIRM Lecture: A Personal Perspective on Diversity.** This talk will discuss how different experiences in Dr. Watford's life led her to change career goals to focus on diversity and inclusion in engineering.

Register for these events at: www.sandiego.edu/cee, 619-260-7402, or cee@sandiego.edu.

Tue, March 12, 12:30-2:00pm in KIPJ, Rm. A: How to Advise for an Honors Thesis. For faculty mentoring promising scholars who are headed to graduate programs. Register for this luncheon at: www.sandiego.edu/cee, 619-260-7402, or cee@sandiego.edu.



Wed, March 13, 12:00-1:00pm in Salomon Hall (Maher 240): Employee Bingo! Come for one or two games, or all! Can bring your sack lunch. All faculty/staff/administrators are welcome.

Thur, March 14, 12:15-2:15pm in KIPJ, Rm. I: Discussion on Grade Inflation. Many studies report that grade inflation is on the rise across much of higher education. The reasons cited for this growing trend include institutional pressure to retain students, increased attention and sensitivity to students' personal crisis situations, and fear of poor student evaluations important in tenure and promotion, or rehiring in the case of adjunct faculty. Please join us for this luncheon discussion to examine grade inflation at our own institution, and its potential consequences. We will also consider some solutions that have been implemented at other institutions. Register for this lunch at: www.sandiego.edu/cee, 619-260-7402, or cee@sandiego.edu.

Fri, March 15, 11:00am-3:00pm in Degheri Boardroom: Soul at Work – Putting Values into Practice. A Dignity @ Work Forum Event featuring Margaret Benefiel, PhD, adjunct faculty at Andover Newton Theological School in Boston, visiting lecturer at All Hallows College in Dublin, Ireland, and author of *Soul at Work* (Seabury, 2005), and *Soul of a Leader* (Crossroad, 2008). She specializes in helping people discover the congruence between their deepest values and their work— to develop values-based leadership. Lunch provided. Presented by the Frances G. Harpst Center for Catholic Thought & Culture, and CEE. For more information, please visit www.sandiego.edu/cctc. RSVP at: www.sandiego.edu/cee/events/registration.php.



"A man is original when he speaks the truth that has always been known to all good men."

—Patrick Kavanagh





“Words are all we have.”

—Samuel Beckett



FACULTY NEWS

Deadline is March 15, 2013: The International Center would like to announce the next **call for proposals for International Opportunity Grants for international travel & research** to be carried out between July 1 & December 31, 2013. Deadline for the submission of applications is March 15. Application & guidelines for these grants can be found under the International Gateway link on USD homepage or directly at <http://www.sandiego.edu/international/faculty/grants/>.

Tue, March 19, 7:15-8:20am, in La Gran Terraza: Faculty/Staff Prayer Breakfast
Prayer: Thinking and Living in the Presence of God. Fr. Michael T. White, CSSp, University Chaplain, will examine the curious activity that we call “prayer.” He will speak about transitioning from the Lenten season into Holy Week and Easter. RSVP to rburns@sandiego.edu or ext. 4656. Everyone welcome!

Faculty, are you promoting research in your class-room? Do your students need help with grant writing and research? The **Office of Sponsored Programs** encourages faculty to integrate research and scholarly experiences into their courses and interactions in order for students to have the opportunity to engage in various research and creative activities. A guest speaker might be helpful in answering all of your undergraduate or graduate students’ questions! For more information, please contact Traci Merrill at tmerrill@sandiego.edu.



Being Well Wednesdays: CHR presents the new employee wellness program “Being Well @ USD” which will workshop events on Wednesdays. First up is the **Ready, Set, Goal workshop on Wed, Mar 20, 12:00-1:00pm**, in Salomon Hall. Employees will learn how to make realistic health behavior changes and develop life-long habits that actually stick. Each participant will learn how to set goals and make action plans that are big enough to matter, but small enough to be achievable.

Future **Being Well Wednesdays** events will include:

- Thrive Across America walk
- Nutrition Workshop
- Weight Management Workshop
- Emotional Eating
- Social Security workshop
- U.S. Bank
- Life Stages Retirement Planning
- Stress Management
- Taking Sleep Seriously
- Estate Planning/Wills/Trusts
- Getting Fiscally Fit
- Eldercare
- Homeopathic & Alternative Medicine
- Depression Workshop

Each workshop will be held on Wednesdays. Wednesdays will be known as Being Well Wednesdays. More workshops will be available throughout the year. If you have questions about the program, please contact Nina Sciuto at asciuto@sandiego.edu, ext. 2715 or Adriana Garcia at agarcia@sandiego.edu, ext. 2718.

Fri, March 22, 2:00-3:00pm in MRH 135 (SOLES): CEE/ATS Friday Tech Talk: iPads in the Classroom. Register for this CEE/ATS event at: www.sandiego.edu/cee, 619-260-7402, or cee@sandiego.edu.

Being Well at USD: Free Employee Group Exercise. CHR and USD REC are partnering to offer **FREE** classes to all USD employees. Spring 2013 Classes :



- Mondays at 7:15am: Morning Flow Yoga
- Fridays at 12:30pm: Yoga Fusion
- Wednesdays at 5:15pm: Abs & Toning

All in Missions Fitness Center. Program offered 2/4 - 5/8/2013. USD ID card required.

For more amazing wellness and fitness opportunities visit:

Campus Recreation: www.sandiego.edu/campusrecreation/
Mission Fitness Center: www.sandiego.edu/mfc/



SAVE THE DATE! The annual USD Community Picnic will be held on **Wed, May 29, 2013**. Stay tuned for more details!





ALUMNI NEWS

Jen Lagedrost, USD '08, will be presenting on a panel at the AWP (Association of Writers & Writing programs) Writer's Conference in Boston this March with fellow USD alum Wes Rothman called "Young Writers in Publishing: How Passion Fuels Professionalism," (Wesley Rothman, Abby Travis, Curtis Perdue, Kelly Forsythe, Jen Lagedrost). Writers discuss seizing editorial opportunities as part of the MFA experience, propelling their editing and writing. They have held internships and paid positions for publishers and journals including *Copper Canyon Press*, *Ploughshares*, *Poetry International*, *Narrative*, *Wave Books*, *Inter|rupture*, and others. The panel will examine strategies of career development, building relationships with publishing professionals, and cultivating craft while pursuing publication.



BE BLUE, GO GREEN

March is e-Waste Month. Recycle your used electronics at USD's E-Waste Center at 5330 Linda Vista Rd., San Diego, CA 92110. Hours: 11:00am-3:00pm Mon-Sat; and 11:00am-6:00pm Wed. The E-Waste Collection Center is the only non-profit collection center in San Diego that accepts all electronics, working and broken. This collection center offers a free drop off service and is a one-stop location where people can drop off their old electronics six days a week. Free pick-ups are now being offered to local businesses and organizations in San Diego for a tax deductible donation. Residential pick-ups are also available for a small fee. The collection center offers the San Diego community a safe, secure, and socially responsible way to dispose of e-waste through resale, refurbish, and recycle. E-waste is anything that uses batteries or plugs into an outlet including: cell phones, TVs, microwave ovens, computer monitors & CPUs, mini 'fridges, and many more items! For complete list of items accepted, go to: <http://www.sandiego.edu/ewaste/>.



COMMUNITY



Easter Joys & Toys: USD's Nonprofit Leadership Student Assoc. will be donating spring gift baskets to foster children from The Rose House Kinship. Baskets include school supplies, toys & candy. Contact Teresa VanHorn at x4760 or tvanhorn@sandiego.edu.



DID YOU KNOW?

Did You Know? Daylight Saving Time: The modern idea of daylight saving was first proposed in 1895 by George Vernon Hudson and it was first implemented during the First World War. Many countries have used it at various times since then. DST was widely implemented following the 1970s energy crisis and has generally remained in use in North America and Europe since that time. Although not punctual in the modern sense, ancient civilizations adjusted daily schedules to the sun more flexibly than modern DST does, often dividing daylight into twelve hours regardless of day length, so that each daylight hour was longer during summer. For example, Roman water clocks had different scales for different months of the year: at Rome's latitude the third hour from sunrise, *hora tertia*, started by modern standards at 09:02 solar time and lasted 44 minutes at the winter solstice, but at the summer solstice it started at 06:58 and lasted 75 minutes. After ancient times, equal-length civil hours eventually supplanted unequal, so civil time no longer varies by season. Unequal hours are still used in a few traditional settings, such as some Mount Athos monasteries and all Jewish ceremonies. During his time as an American envoy to France, Benjamin Franklin, publisher of the old English proverb, "Early to bed, and early to rise, makes a man healthy, wealthy and wise", anonymously published a letter suggesting that Parisians economize on candles by rising earlier to use morning sunlight. Franklin did not propose DST; like ancient Rome, 18th-century Europe did not keep precise schedules. However, this soon changed as rail and communication networks came to require a standardization of time unknown in Franklin's day. DST clock shifts present other challenges. They complicate timekeeping, and can disrupt meetings, travel, billing, record-keeping, medical devices, heavy equipment, and sleep patterns. Source: Wikipedia.com.



"Mistakes are the portals of discovery."

—James Joyce

