Co-Educating for Change
Getting Started with Community Service Learning
Getting Started

Clear Purpose
Clear Connection to the Course
Assignments/Activities
Alignment with Course Outcomes
Selection of Community Partners
Communication
Student Leaders
Assessments
The Collaborators: Building Co-Education Connections

- University of San Diego’s Department of Psychological Sciences
- Office of Community Service
- Montgomery Middle School in Linda Vista and the Youth Action Committee
- Linda Vista Collaborative
- Linda Vista Clinic
Nature of the Relationship

- Each Spring, the Health Psychology class at USD works with one of the science classes at Montgomery to design and put on a health fair for the students at the middle school.
- Series of 6 meetings at Montgomery with students to prepare presentations.
- The health fair is in its 10th year and its 7th year at Montgomery.
- Originally located at Twain Alternative and then Kearny High School.
Health Fair and Information Sessions

- At the end of the semester, each group will be required to prepare a presentation for our Health Fair which will take place at Montgomery Middle School. You will also be working with students from this same school. The goal of the fair is to provide information to young adults on several health care issues that are of most concern to them. The groups are expected to design an age, gender and culturally relevant presentation and “booth” for the fair. This project should educate along several levels – what the concern is and why it is relevant to pre-teens, what can be done, where help and advice can be obtained (names, organizations, internet addresses, phone numbers, etc.), and anything to draw people’s attention to the issue.
Goals of Project:

- 1) To give students an opportunity to apply the knowledge learned in class to a real world experience.
- 2) To work with local middle school students to collaborate in organizing and producing a Health Fair for and about young people.
- 3) To allow students an opportunity to collaborate with community partners on a community health project.
- 4) To get an opportunity to interact with the Linda Vista Community.
Getting started
Communication

- Student Leaders act as liaisons
- Pre– Health Fair meetings at Montgomery
- Post– Fair meeting
Creating our booths!
Setup of the big day
WELCOME TO PRESSURELAND

LAND OF INHALENTS

THE LAND OF SMOKING

THE EFFECTS OF SMOKING

- Increased stress levels
- Difficulty sleeping
- Difficulty breathing
- Nausea
- Dizziness
- Weight loss

THE EFFECTS OF INHALANTS

- Stony mouth and fingers
- Increased frequency of headaches
- Dizziness
- Drowsiness
- Difficulty concentrating
- Prolonged inhalation
- Loss of taste

WAYS TO SAY NO!

STOP AND THINK!

VIOLATIONS OF THE CODE OF CONDUCT

- Violation of the school’s drug policy
- Possession of drugs
- Drug-related behavior
- Drug-related property damage

THINGS TO KNOW ABOUT DRUGS

- The effects of drugs on the body
- The dangers of drug abuse
- The legal consequences of drug use

Alcohol

- The effects of alcohol on the body
- The dangers of alcohol abuse
- The legal consequences of alcohol use

VIOLENCE

- The effects of violence on the body
- The dangers of violent behavior
- The legal consequences of violent actions

PREVENTION

- Strategies for preventing drug and alcohol use
- Strategies for preventing violence

RESOURCES

- Contact information for counseling services
- Contact information for legal services
- Contact information for community resources

SUPPORT

- Support groups for students
- Support groups for parents
- Support groups for community members
Grand Opening!
Assessments

- **USD Students:**
  - Assignments through semester
  - Exam questions
  - Reflections throughout the semester
  - Final Reflection Paper at end of semester

- **Montgomery Students:**
  - Pre and Post– Tests
  - Questions during fair