

The Globe Song

(Tune of “Hello, My Name is Joe,
and I Work in a Button Factory”)
Written by Diana Pastora Carson
(To be sung using lots of gross motor movement and
sound effects)

Hello, my name is Globe.
And I spin on an axis all day.
One day an explorer said to me,
“Are you busy, Globe?”
I said, “No.”
“Good,” he said.

“Then show me the Equator...”

“Then show me your latitude lines...”

“Then show me the Prime
Meridian...”

“Then show me your longitude
lines...”

“Then let’s see the North Pole...”

“Then let’s see the South Pole...”

“Then wiggle the northern
hemisphere...”

“Then wiggle the southern
hemisphere...”

Hello, my name is Globe.
And I spin on an axis all day.
One day an explorer said to me,
“Are you busy, Globe?”
I said, “YES!”

Place Value Chant

Author Unknown
(Have students look at chart with place value columns.
Create a “dance” to go with the song. Use hands,
pointing to columns. Use body, jumping to left with
each column. Sitting, use legs to point to each
column.)

Lift up your hands
and look down your nose.
We’re going to look at numbers
In their place value rows.

The ones are on the right.
The tens are next in line.
Move once more to the left for the
hundreds every time.

Ones, Tens, Hundreds, Thousands!
Ones, Tens, Hundreds, Thousands!!
Ones, Tens, Hundreds, Thousands!!!



Have a Nut!

A song about the Kumeyaay
Natives of San Diego
(Tune of "I'm a Nut")
Written by Diana Pastora Carson

Chorus

Have a nut! (2 snaps, clicks, or claps)
Have a nut! (2 snaps, clicks, or claps)
Have an acorn nut! (2 snaps, clicks, or claps)

The Kumeyaay tribe lived on this land.
San Diego was home to many clans.
The Spaniards came and wanted to stay...
Told Dieguenos to change their ways.

Hunters, gatherers, and fishermen
Trash piled up into middens
Archeologists study these artifacts
To learn about cultures of the past.

Weapons, tools, and pots of clay...
The Kumeyaay used them everyday
To help them finish all their chores
From the mountains to the shores.

Wild seeds, roots, grasshoppers and more...
Reptiles, rodents, and lots of acorns.
The Kumeyaay ate whatever they found
Up in trees and on the ground.

Tattoos adorned the Kumeyaay...
Painted their skin with black and white.
Decorated themselves with jewelry,
All made out of shells and seeds.

A hut looked like a big basket.
Upside down it was planted.
Using sticks and grass and brush,
A Kumeyaay hut they would construct.

Red paintings remain on stone...
Reminders of this Kumeyaay zone.
So every time you walk outside
Think about the KUMEYAAY!

Paragraph Song

(Tune of "I'm a Little Teapot")
Written by Diana Pastora Carson

It is a paragraph of which we sing:
A group of sentences about the same thing.
Topic sentence,
Details,
Closing, fine.
DON'T forget to indent the first line!

Keepers of the Earth Chant

Author Unknown

CHORUS

Keepers of the Earth!
Keepers of the Earth!
Native Americans are
Keepers of the Earth!

Respecting the land
And all its means,
Planting corn
And squash and beans,
Respecting the land
That nature's graced,
Using it wisely,
Avoiding waste!

CHORUS

Respecting waters
Far and near,
Keeping the waters
Clean and clear,
Respecting animals
Where they roam,
Respecting land,
Respecting home!

CHORUS



Chant Frame

Guided Language Acquisition Design
Created by Marcia Brechtel, GLAD

Directions: Put noun of curricular focus in blank spaces. Describe the noun using a variety of adjectives and verbs. Give them context using prepositional phrases.

_____ here, _____ there,

_____, _____ everywhere!

Adjective _____ verbing

Adjective _____ verbing

Adjective _____ verbing

And adjective _____ verbing!

_____ prepositional phrase

_____ prepositional phrase

_____ prepositional phrase

And _____ verbing prep. phrase!

_____ here, _____ there,

_____, _____ everywhere!

_____! _____! _____!

Tribes Everywhere

Chant

Diana Pastora Carson

Tribes here, tribes there,
Tribes, tribes, everywhere!

Navajo tribes weaving,
Cheyenne tribes hunting,
Kumeyaay tribes harvesting,
And many tribes surviving!

Tribes on the plains,
Tribes in the desert,
Tribes on the coast,
And tribes living in harmony!

Tribes here, tribes there,
Tribes, tribes, everywhere!
TRIBES! TRIBES! TRIBES!

Navajo Morning Prayer

Author Unknown

(Use as a chant with movement.)

Beauty before me, I walk.
Beauty behind me, I walk.
Beauty above me, I walk.
Beauty below me, I walk.
Beauty all about me, I walk.
In beauty, all is made whole.
In beauty, all is restored.



Measurement Song

(Tune of “Alouette”—French song)
Written by Diana Pastora Carson

I love measuring!
Oh, how I love measuring!
I love measuring everything in sight!

I measure length and distance!
With rulers and with yardsticks!
Length and distance!
Length and distance!
Inches, feet and yaaaaards!

Chorus

I measure weight with my scale!
I measure with a balance!
Weight and scale!
Ounces, pounds!
Oh, and tooooooooooons!

Chorus

I measure liquid volume!
Using many containers!
Some are small!
Some are big!
But they hold my liquids!

Chorus

Landforms Song

(Tune of “Hello Mother, Hello Father”)
Written by Diana Pastora Carson

We have landforms, lots of landforms.
They are part of the Earth’s surface.
You can see them all around us
If you open up your eyes and just take notice.

We have canyons, lots of canyons.
They are cut-outs formed by rivers.
Rushing waters cut through big rocks
Over many million years and we got canyons.

We have deserts, lots of deserts.
There was no rain for a long time.
Hot or cold...Always dry.
It’s a dry and sandy place we call the desert.

We have mesas, lots of mesas.
They have steep sides and a flat top.
English version is a “table.”
Tables popping out of land, we call them mesas.

We have mountains, lots of mountains.
They are taller. They are bigger
Than any other type of landform.
Rising high into the sky we call them mountains.

We have volcanoes, lots of volcanoes.
Scalding lava from deep inside
Erupts through the top forming a crater.
You should never build your house on a volcano.

We have plains, lots of plains.
Grasses grow there when it rains.
The plains are flat and go for miles.
There are no hills when you travel o’er the plains.

We have hills, lots of hills.
They’re like mountains...not as tall.
They have round tops and they can roll.
If you need some exercise, then walk up hills.

We have valleys, lots of valleys.
They’re low places between mountains.
We have one in San Diego.
People eat and shop and play in Mission Valley.

We have islands, lots of islands.
They have water all around them.
You can’t get there in a car.
Take a boat or plane, or swim to reach an island.

We have peninsulas, lots of peninsulas.
They have water on three sides.
Not the other...that side is land.
A peninsula juts out into the water.

We have cliffs, lots of cliffs.
Don’t get too close to the edge.
Cliffs have sharp drops, could be dangerous.
By the sea or in the mountains we have cliffs.

We love landforms, lots of landforms.
They are part of the Earth’s surface.
You can see them all around us
If you open up your eyes and just take notice.
LANDFORMS!!!



People Made a Difference

(Tune of “Oh, Susana”)

Written by Diana Pastora Carson

CHORUS

***People made a difference long ago and yesterday,
And I can make a difference in the future and today.***

In this big world, there are people doing things for me and you:
They see a possibility and make a dream come true.

Adventurous explorers thought the earth just might be round.
Columbus made the journey and his feet landed on new ground.

Slavery’s hold was loosened as Ms. Tubman led the crowd
To a place where people’s color didn’t matter anyhow.

Women once fought hard to have the right to vote like men.
Susan B. Anthony inspired many women way back then.

Dr. Martin Luther King demanded equal rights for all.
He peacefully protested as he led the justice call.

People are *disabled* when their rights are just ignored.
Ed Roberts helped us see and now those rights have been restored.

Cesar Chavez cared about his people and their lives.

Farm workers and their families had their human rights recognized.

Our parents are also heroes because they help us everyday:
Raising awesome citizens, in each and every way.

Now, create your own verse about someone who made or makes a difference!



Math Aerobics

The purpose of doing math aerobics is two-fold. First, you create movement opportunities and engagement for students. Plus, you can give students math facts and have them respond using their bodies instead of giving verbal answers. This makes a great transition activity for any time of day.

1. Place arms and hands straight down at side.
2. Hold both arms straight up in the air.
3. Hold both arms straight out to the side.
4. Squat while holding both arms straight out in front of your body.
5. Squat while touching floor with both hands.
6. Raise "bottoms up," while keeping hands touching the floor (or as close to the floor as is possible).
7. Jump up once.
8. Turn body all the way around (360 degrees) one time.
9. Stomp three times.
10. Clap once.
11. Clap once, then movement for number 1.
12. Clap once, then movement for number 2.
13. Clap once, then movement for number 3.
14. Clap once, then movement for number 4.
15. Clap once, then movement for number 5.
16. Clap once, then movement for number 6.

17. Clap once, then movement for number 7.
18. Clap once, then movement for number 8.
19. Clap once, then movement for number 9.
20. Clap twice. (Notice a pattern?)
21. Clap twice, then movement for number 1.
22. Clap twice, then movement for number 2.
23. (I think you get the picture now.)

30's Clap 3X, 40's Clap 4X, 50's Clap 5X, 60's Clap 6 times, 70's Clap 7X, 80's Clap 8X, 90's Clap 9X...

If you get up to the hundreds, you can have number 100 be a jumping jack. 200 would be 2 jumping jacks, etc.

For 0, you can have students sit down to end the activity. 😊 Enjoy!

**This activity is an expansion of a similar activity I learned from my master teacher, Irene Dougherty, in 1996.*



I Am a Promise

(To Support Sense of Belonging & Social Skills)
Copy Changed by Diana Pastora Carson
from Childhood Sunday School Song
Original Author Unknown

I am a promise!
I am a possibility!
I am a promise...with a
capital 'P!'
I am a great, big bundle of
potentiality!
(potentiality!)
And if you listen, you can
hear that voice,
And if you try it, it'll help
you make the right choice,
I am a promise to be
Anything that I want to
be! (anything that I want
to be)...
Oh, yeah...

*Song to be sung with snapping, and honest
belief in one's abilities.

Earth Song

Tune of "He's Got the Whole World in His Hands"
To be used with lots of kinesthetic activity.
Diana Pastora Carson 2010

Our BIG earth has oceans.
Our big, round earth has oceans.
Our BIG earth has oceans; and the waves
come crashing in...

Our BIG earth has rivers.
Our big, round earth has rivers.
Our BIG earth has rivers, they meander
back and forth...

Our BIG earth has lakes.
Our big, round earth has lakes.
Our BIG earth has lakes; they're great big
swimming pools...

Our BIG earth has plains.
Our big, round earth has plains.
Our BIG earth has plains; they're grassy and
mostly flat...

Our BIG earth has deserts.
Our big, round earth has deserts.
Our BIG earth has deserts; they're sandy,
and they're dry...

Our BIG earth has valleys.
Our big, round earth has valleys.
Our BIG earth has valleys; they look just like
the letter v...

Our BIG earth has mountains.
Our big, round earth has mountains.
Our BIG earth has mountains; they're tall
and mighty mountains...



We Are Studying Words If You Please

Tune of “We Are Siamese If You Please”
(To be used with clapping, stomping, snapping,
patting, etc. when spelling patterns are being
chanted) Diana Pastora Carson 2010

We are studying words, if you please...A-Y!
We are studying words if you don't please...A-Y!
Letters chunked together make up parts of lots
of words.
We are studying words if you please...A-Y!

We are studying words, if you please...A-I-L!
We are studying words if you don't please...A-I-
L!
Letters chunked together make up parts of lots
of words.
We are studying words if you please...A-I-L!

We are studying words, if you please...A-I-N!
We are studying words if you don't please...A-I-
N!
Letters chunked together make up parts of lots
of words.
We are studying words if you please...A-I-N!

*This is an example for Long /a/ spelling
patterns. Substitute spelling patterns you are
working on.

Write your own songs! Make a difference! Think of commercials and tunes of songs you enjoy, or children's songs, especially those with repetitive phrases and those that inspire movement. Change the words to focus on curricular areas of study. Make up body movements to go along with them (students are fabulous at making up movements!).

Use these songs as unit introductions, daily as a transition signal, and as review and conversation starters. Use them in the middle of a lesson to break it up and create movement or to remind students of important points. Have students interact with song text on chart paper, highlighting, underlining, circling, illustrating, color coding. I use songs with students from kinder to college. It's fun, energizing, inclusive, and great for the brain!

Mara Sapon-Shevin also notes that “words speak to our minds, but music to our hearts.” –*Because We Can Change the World: A Practical Guide to Building Cooperative, Inclusive Classroom Communities*

Sing! Chant! Even if you can't carry a tune, carry the day through musical expression with your students. It's about including and honoring everyone, no matter their musical talents.



Catchy Tunes for Creating Curricular Songs

Alphabet Song	Baby Got Back (Sir Mix A Lot)
Baa, Baa Black Sheep	Celebrate Good Times (Kool & the Gang)
Daisy, Daisy	Eight Days a Week (The Beatles)
De Colores	Good Vibrations (The Beach Boys)
Feliz Navidad	Hello, Dolly (Louis Armstrong)
Frere Jacques	Hey There Dalila (Plain White Ts)
Frosty the Snowman	I Got a Feelin' (The Black Eyed Peas)
Hello Mother, Hello Father	I Kissed a Girl (Kate Perry)
Hey Diddle Diddle	Just Dance (Lady Gaga)
Hickory Dickory Dock	Louie, Louie (The Kingsmen)
I Love You, You Love Me	Love Bug (The Jonas Brothers)
I'm a Little Teapot	Love Shack (B-52's)
Itsy Bitsy Spider	My Humps (The Black Eyed Peas)
Jingle Bells	No Handlebars (The Flobots)
London Bridge	Raindrops Keep Fallin' On My Head (BJ Thomas)
Mary Had a Little Lamb	R-E-S-P-E-C-T (Aretha Franklin)
My Bonnie Lies Over the Ocean	Surfin' Safari (The Beach Boys)
Old McDonald Had a Farm	Surfin' USA (The Beach Boys)
Oscar Meyer –“My bologna has...”	So What (Pink)
Pop Goes the Weasel	We Are Family (Sister Sledge)
Silver Bells	Wish They All Could Be California Girls (The Beach Boys)
Skip to My Lou	When I Grow Up (Pussycat Dolls)
Ten Little Indians	
Twinkle, Twinkle Little Star	
Yellow Submarine	
You Are My Sunshine	

