

## **Call for Workshop Facilitators**

The Center for Women's Leadership, in the Conscious Leadership Academy is currently accepting proposals for engaging and interactive workshops for the <u>SHE Experience: A</u> <u>Journey to Your Best Self</u> Leadership Conference, to be held on May 2 & 3, 2020. The SHE Experience allows the space to connect with a group of engaged and growth-minded individuals while providing the opportunity to expand your network.

Each workshop is a **90-minute** session that engages participants with **hands-on activities**, and is grounded in both theoretical and practical application.

We have workshops in four unique tracks:

- <u>Wellness Warrior</u>: focuses on wellness, that includes physical, mental and spiritual health, personal and social relationships, and financial wellness.
- <u>When Nurture Calls</u>: focuses on mindful and healthy care-giving of others: caring for kids, caring for parents, caring for a spouse but also keeping in mind that self-care must also be a priority.
- <u>Activation Acceleration</u>: focuses on those who would like to get more involved in their communities with causes that matter to them: through advocacy, volunteering, using their voice, finding their passions and purpose, supporting a candidate, working for a non-profit, etc.
- <u>You. Lead. Now!</u>: focuses on conscious and authentic leadership skills for personal, social or professional growth.

NOTE: We are committed to making our event welcoming, inclusive and diverse across all factors and perspectives including but not limited to race, gender identification, socioeconomic status, religion, culture, ableness, age, and sexual orientation.

## How Your Proposal Will Be Evaluated

Accepted proposals for the 2020 SHE Experience will clearly describe how the session will support and inspire the women who participate in your workshop to become their *best selves*. The SHE Suite team will critically evaluate all proposals for congruence with the conference's mission and purpose. We'll be looking for session that highlight experiences and deliverables that have practical application for a wide range of contexts, personal and professional, that resonate with women's daily experiences. Sessions should help conference attendees, challenge their thinking, solve real-world problems, expand their knowledge of matters that are important to them, and offer opportunities for reflection, collaboration, and interaction.

Please make certain that your session's deliverables are clearly stated in your proposal. The She Suite team will consider the following:

• *Relevance*: Topics and subject matter should be both relevant and current.



- *Approach*: We believe in 'engaging deeply' and we practice a facilitation method that is rooted in awareness of one's self, and of the groups' needs. We seldom use an "off-the-shelf" presentation and we avoid lecturing. We connect people to each other and to themselves, and embrace the messy work of becoming our best, individually and as a collective.
- *Creativity and innovation*: The session should invite a new lens or perspective to the participants, or highlight an established topic in a new way.
- *Demonstrated expertise:* The session should include applied knowledge of recognized research, theory, use of evidence-based practices, personal mastery, and/or reflective practice.
- *Impact*. The session should lend itself to professional or personal application and change. It should be designed to encourage attendees to contemplate follow-up, continued exploration, and action planning on various levels.

All facilitators will be given complimentary registration to the conference and will have the opportunity to participate in all conference events when they are not facilitating. The facilitators can purchase 50% discounted conference registration tickets for any of their guests to attend the conference. Selected facilitators will be responsible for their own transportation, accommodation and other out-of-pocket expenses during the conference.

## Dates

The final deadline for all workshop submissions is January 30, 2020. You will be notified of your status by February 28, 2020.

## Please click <u>here</u> to apply and submit your proposal.