

PSYCHOLOGY MAJOR CHECKLIST

Your Degree Works Audit also displays your major requirements based on your catalog year. If you see a discrepancy between your audit and this checklist, confirm with your advisor how a course will count in your requirements before registering. Bring a completed checklist to your advising appointment.

Name: _____ USD ID#: _____ Expected Graduation Date: _____

Preparation for the Major

- PSYC 101 Introductory Psychology
- PSYC 260 Statistics (*requires MATH 115 or higher placement score or coursework*)

Psychology Major Upper Division Courses

A minimum grade of C– in 28 units of UD coursework in psychology and a minimum GPA of 2.00 in all UD coursework in psychology are required. Upper-division (UD) courses in the major distributed as follows [prerequisites are in brackets]:

8 classes (21–22 units) of required upper-division coursework, covering the 5 pillars of Psychology:

- Research Methods:** PSYC 300 Research Methods [*PSYC 260 or another statistics course*]
- Biological:** PSYC 342 Biological Psychology [*101, 300*]
- Clinical:** PSYC 354 Clinical Psych: Childhood & Adolescence [*101*], PSYC 355 Clinical Psych [*101*], PSYC 356 Assessment [*101, 300*], or PSYC 366 Evidence-based Psychotherapies [*101*]
- Cognitive:** PSYC 336 Cognitive Psychology [*101, 300*] or PSYC 339 Human Memory [*101, 300*]
- Developmental:** PSYC 314 Dev Psych: Childhood [*101*], PSYC 315 Dev Psych: Adolescence & Emerging Adulthood [*101*], PSYC 316 Dev Psych: Adulthood [*101*], or PSYC 318 Child Development Across Cultures [*101*]
- Social:** PSYC 322 Social Psychology [*101*]
- Capstone in Psychology:** PSYC 495 Senior Seminar (rotating topics) or 497 Advanced Research Methods Lab (rotating topics). Both of these courses also fulfill Core Attributes for Advanced Writing and Critical Thinking.
- PSYC 492 Major Field Test in Psychology** (0 units; register during your last semester at USD): As part of the Department's assessment, graduating students are required to take PSYC 492. Details for how to fulfill course requirements will be sent through Canvas to registered students.

At least 9 units of upper-division electives in the major. The general major requires 3 courses (9 units) of elective coursework in Psychology. Students may select a PSYC course listed above that hasn't been used to satisfy the 8 required UD classes OR from any of the following:

- | | |
|---|---|
| <input type="checkbox"/> PSYC 305 Advanced Statistics [<i>260</i>] | <input type="checkbox"/> PSYC 370 Social Psych & Health [<i>101, 300</i>] |
| <input type="checkbox"/> PSYC 324 Cross-cultural Psychology [<i>101, 300</i>] - also fulfills DISJ Level 2 | <input type="checkbox"/> PSYC 372 History of Psychological Sciences [<i>101</i>] - also fulfills Advanced Integration |
| <input type="checkbox"/> PSYC 326 Organizational/Industrial Psychology [<i>101</i>] | <input type="checkbox"/> PSYC 374 Psychology and the Law [<i>101</i>] - also fulfills Advanced Integration |
| <input type="checkbox"/> PSYC 330 Psychology of Gender [<i>101, 300</i>] - also fulfills DISJ Level 2 | <input type="checkbox"/> PSYC 377 Theories of Personality |
| <input type="checkbox"/> PSYC 343 Latine Health Psychology [<i>101, 300</i>] - also fulfills DISJ Level 2 | <input type="checkbox"/> PSYC 494 Research Experience |
| <input type="checkbox"/> PSYC 345 The Science of Sleep [<i>100, 300</i>] - also fulfills Advanced Integration | <input type="checkbox"/> PSYC 498 Internship |
| <input type="checkbox"/> PSYC 362 Black Families [<i>101</i>] - also fulfills DISJ Level 2 | <input type="checkbox"/> PSYC 499 Independent Study |
| <input type="checkbox"/> PSYC 364 Sport Psychology [<i>101</i>] | <input type="checkbox"/> MFTS 365 Current Approaches to Peer Counseling |
| | <input type="checkbox"/> NCB 350 Sensation and Perception [<i>101</i>] |
| | <input type="checkbox"/> NCB 352 Music Cognition [<i>101</i>] |
| | <input type="checkbox"/> NCB 360 Stress Management [<i>101</i>] |
| | <input type="checkbox"/> NCB 378 Human Sexuality |

Notes: Students can take a maximum of 4 experiential units (e.g., PSYC 491, 496, 498) towards the major, and a maximum of 6 are applicable to graduation. Transfer students must complete a minimum of 12 upper-division psychology units at USD.

Optional Emphases (Replaces 9 psychology elective units with 12 emphasis units)

In addition to the 8 upper-division required courses listed on the other side of this checklist, students who select an emphasis are required to take additional courses for their specific emphasis.

Clinical Mental Health Emphasis (choose 4)

- Additional classes from the Clinical pillar in the major
- PSYC 369 Topics in Clinical Mental Health [101, 300]
- PSYC 377 Personality [101]
- PSYC 496, 498, or 499 if content is relevant to emphasis (approved by Department Chair)
- One course outside PSYC can be used in the emphasis: MFTS 365 Current Approaches to Peer Counseling, MFTS 400 Introduction to Marital and Family Therapy

Child/Human Development Emphasis (choose 4)

- Additional coursework from classes from the Developmental pillar in the major
- PSYC 319 Topics in Child/Human Development [101, 300]
- PSYC 354 Clinical Psychology: Childhood and Adolescence [101]
- PSYC 362 Black Families [101]
- PSYC 496, 498, or 499 if content is relevant to emphasis (approved by Department Chair)
- One course outside PSYC can be used in the emphasis (students are responsible for any course prereqs): COMM 482 Children and Media, COMM 483 Teens and Popular Culture, COMM 422 Family Comm, EDTE 310P Educational Psychology, SOCI 311 Sociology of Families

Health and Wellness Emphasis (choose 4)

- PSYC 345 Science of Sleep [100, 300]
- PSYC 343 Latine Health Psychology [101, 300]
- PSYC 349 Topics in Health & Wellness [101, 300]
- PSYC 370 Social Psychology & Health [101, 300]
- PSYC 496, 498, or 499 if content is relevant to emphasis (approved by Department Chair)
- One course outside PSYC can be used in the emphasis (students are responsible for any course prereqs): NCB 360 Stress Management, SOCI 315 Health and Society

Social and Cultural Processes Emphasis (choose 4)

- PSYC 318 Child Dev Across Cultures [101]
- PSYC 324 Cross-Cultural Psychology [101, 300]
- PSYC 326 Organizational/Industrial Psych [101]
- PSYC 329 Topics in Social/Cultural Processes [101, 300]
- PSYC 330 Psychology of Gender [101]
- PSYC 362 Black Families [101]
- PSYC 364 Sport Psychology [101]
- PSYC 370 Social Psychology & Health [101, 300]
- PSYC 374 Psychology and the Law [101]
- PSYC 496, 498, or 499 if content is relevant to emphasis (approved by Department Chair)
- One course outside PSYC can be used in the emphasis (students are responsible for any course prereqs): COMM 325 Interpersonal Comm, COMM 460 Persuasion & Influence, MGMT 309 International Comparative Management, POLS 315 Political Psych, SOCI 303 Race and Ethnic Relations, or SOCI 316 Social Psych: Sociological Perspectives

Recommended Program of Study: A Guide for Planning Coursework

	Year 1	Year 2	Year 3	Year 4
Fall	<ul style="list-style-type: none"> ● PSYC 101 ● MATH 115 or higher ● 9 Units Core 	<ul style="list-style-type: none"> ● PSYC 300 ● 12 Units Core/Minor/ Electives 	<ul style="list-style-type: none"> ● 2 UD Psych major courses ● 9 Units Core/Minor/ Electives 	<ul style="list-style-type: none"> ● 2 UD Psych major courses ● PSYC 495 OR 497 ● 9 Units Core/Minor/Electives
Spring	<ul style="list-style-type: none"> ● PSYC 260 ● 12 Units Core 	<ul style="list-style-type: none"> ● 1 UD Psych major course ● 12 Units Core/Minor/ Electives 	<ul style="list-style-type: none"> ● 2 UD Psych major courses ● 9 Units Core/Minor/ Electives 	<ul style="list-style-type: none"> ● 2 UD Psych major courses ● 9 Units Core/Minor/ Electives