

USD NURSING TIMES

UNIVERSITY OF SAN DIEGO: HAHN SCHOOL OF NURSING AND HEALTH SCIENCE

Vol 2



**Largest Research Grant
in USD History**



HAHN SCHOOL OF NURSING AND HEALTH SCIENCE Celebrating 35 years of Nursing Excellence



1974-2009



[The Facts]

Hahn School of Nursing and Health Science:



Top 10% of U.S. Graduate Nursing Schools

- Doctoral- and Post-Doctoral-Level Faculty
- Four American Academy of Nursing Fellows on Faculty
- Over 1,600 Alumni, Including 165 with Doctorates
- Alumni Direct Hospitals, Nursing Schools, and the Armed Services, Including the First Nurse Admiral and First Nurse Deputy Surgeon General

Degree Programs:

- Master's Entry Program in Nursing
- Advanced Practice Master's
- Executive Nurse Leader — MSN/MBA/PhD
- Doctorate of Philosophy in Nursing (PhD)
- Doctor of Nursing Practice Program (DNP)

Exceptional Program Scope and Excellence

- *One of Only Five* PhD Nursing Programs in California
- *One of Only Three* DNP Programs in California and the Only DNP Program in Southern California
- Only Nursing Program in U.S. to Receive Achievement Rewards for College Scientists (ARCS) Foundation Scholarships
- First Migrant and Latino Health Care Programs in Southern California
- First Master's Entry Program in Nursing in Southern California
- Palliative Care Program Through Partnership with San Diego Hospice

Health Science

- Office of Nursing Research with Focus on Translational Science and Evidence-Based Nursing Practice
- \$3.1 Million NIH Grant to Study Depression in Post-Partum Women: Largest Grant in University History
- Proposed New Institute for Nursing Research, Advanced Practice, and Simulation

Nursing Practice

- Unique International Nursing Program Serving Vulnerable Populations in San Diego, Mexico, Dominican Republic, and Uganda
- State-of-the-Art Simulation and Standardized Patient Nursing Laboratory
- Preceptor Program Including More Than 200 Nurse Practitioner and Physician Preceptors

A Message from Dean Sally Brosz Hardin, PhD, RN, FAAN



Dear Colleagues,
This year we shall celebrate the 35th Anniversary of the Hahn School of Nursing and Health Science in collaboration with the 60th Anniversary of the University of San Diego. Reflect back to that historical year, 1974, when Founding Dean Irene Sabelberg Palmer and two nurse faculty, working in what Dean Palmer describes as a “closet,” admitted 12 Registered Nurses to study for the bachelor’s degree. Imagine Dean Palmer’s joy and pride the next ground-breaking year, as her spade pierced the soil of our school’s building site, thanks to the generosity of the Philip Y. Hahn Family and a federal capitation grant!

Soon after, 14 master’s nursing students joined the bachelor’s students in their studies. Then in 1989, Dr. Julie Novak, now Director of Nursing Clinics at Purdue University, walked across the USD stage to be its first recipient of the doctoral degree. Over the years, some of the greatest names in Nursing have graced the halls of our school as students, faculty, guest lecturers, visiting professors, and scientists.

Dean Janet Rodgers guided the school’s continuing development and applauded the success of its graduate leaders, such as CNO Mary Middleton; Professor and Director of Research, Felicitas de la Cruz; Rear Admiral and Deputy Surgeon General Kathleen Martin; CEO Daniel Gross; Nurse Attorney Beth Sise; and Dr. Ruth Grendell, educator, volunteer, and world healer.

Over the past five years we have seen the number of our programs, students, graduates, and faculty dramatically increase, with a remarkable 122 graduates this past year! Our research and scholarly productivity has increased dramatically.

Dr. Cynthia Connelly, Director of Nursing Research, was awarded the largest research grant in the university’s history. Dr. Susan Instone, Director of Advanced Practice Programs, initiated the Doctor of Nursing Practice program, admitting 16 master’s-prepared nurse practitioners, clinical specialists, and nurse anesthetists into the program. The Western Association of Schools and Colleges was so impressed with her accrediting application, that they use it as an exemplar on their webpage.

Dr. Patricia Roth, PhD Nursing Director, brought in hundreds of thousands of dollars in scholarships and forgivable loans for our 75 PhD students. Director of International Programs, Dr. Anita Hunter, was a guest of honor at the inaugural opening of the Mbarara, Uganda, Pediatric Hospital, which she and her teams helped design, build, fund, and staff. Director Karen Macauley revolutionized our Simulation and Standardized Patient Nursing Laboratory, where all of our students now receive approximately 25 percent of their clinical experience, and where WebSP provides voluminous research data about practitio-

ners’ clinical skills.

We are delighted to welcome our newest faculty: Dr. Fadi Khraim, from the University at Buffalo, State University of New York; Dr. Barbara Sarter, from the University of Southern California; Dr. Karen Skerrett, from the University of Chicago; Dr. Linda Urden, immediate-past Chair of the American Nurses Credentialing Center Magnet Recognition Program; and Clinical Professor Margaret “Peggy” Howarth, from the University of Massachusetts.

As you review the following pages, and note the research, clinical, and scholarly achievements of our faculty and students, and sense the school’s spirit and camaraderie, you will see that our alumni deservedly show pride in their alma mater. We are so grateful to our clinical partners and affiliates, preceptors, donors, federal, state, and foundation granting agencies, and all of you for providing talents and treasure that have enabled these accomplishments.

One of our future goals is the USD “Institute of Nursing Research, Advanced Practice, and Simulation,” which will permit us to expand greatly the research, teaching, and clinical productivity of our faculty and students. My hope is that we will work together and be blessed with good fortune, so that this dream can become a reality. Project your mind’s eye into the future. Imagine 2044, the school’s 70th anniversary. What will that Nursing Dean write to that generation of nurse leaders and alumni about the accomplishments of USD’s Hahn School of Nursing and Health Science?

Wishing us all a most happy 35th and 60th anniversary!

A handwritten signature in black ink that reads "Sally Brosz Hardin". The signature is written in a cursive, flowing style.

Sally Brosz Hardin, PhD, RN, FAAN
Dean and Professor

C ontents

USD NURSING TIMES

HAHN SCHOOL OF NURSING AND
HEALTH SCIENCE

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Cover: Director of Research Dr. Cynthia
Connelly attends to Zee and son, Ewan
Hambly. Back Cover: Drawing of Hahn
School of Nursing and Health Science
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Up Front

The Facts, Hahn School of Nursing and Health Science	1
A Message from Dean Sally Brosz Hardin, PhD, RN, FAAN	2
Hahn School of Nursing and Health Science: Driver of Supply and Quality of Nursing in San Diego	4
Professor Connie Curran and USD Nursing Students Help Seniors at Bayside Community Center	5

Features

MSN Students Keep a Promise in Uganda	6
Healing the Hand that Rocks the Cradle: Dr. Connelly, Director of Research, Receives Largest Research Grant in USD History	8
DNP Program Meets a Groundswell of Demand	12
Professor Karen Macauley Named Director of Expanded Simulation and Standardized Patient Nursing Laboratory	13

Spotlight

Student Spotlight: Joanne Gribble, PhD	14
Alumni Spotlight: Denise Boren, PhD	14
Donor Spotlight: Ann Orwig and Richard Charlton	15
New Faculty Spotlight	16

Year in Pictures 2008

Nursing Science	18
International Clinical Research	19
SON Family has fun!	20
Students and Donors at Scholarship Luncheon	21
Scholarly Review	22
2008-2009 Convocation Announcement	28
A Message from the Director of Development, Joan Katherine Martin	30
Hahn School of Nursing and Health Science Donor Honor Roll 2009	31
In Memoriam: Philip Hahn Jr., 1926-2008	32

Hahn School of Nursing and Health Science: Driver of Supply and Quality of Nursing in San Diego

The availability and quality of nursing is the cornerstone of healthcare in any community, including San Diego. Unfortunately, the United States is in the midst of a critical nursing shortage, especially Advanced Practice Nurses, who are essential for both specialized acute care in hospitals and outpatient primary care. Unknown to most, the key driver in the nursing shortage is the lack of nurse faculty. Across the country, more than 50,000 qualified nursing school applicants are turned away on an annual basis, due to the nurse faculty shortage.

How bad is this crisis? Nationally, we need a projected 1 million new registered nurses by 2020. Yet, only 64 percent of the projected demand will be met at current graduation rates, leaving a shortfall of more than 450,000. By 2010, California will have the worst nursing shortage in the nation, with 109,000 registered nurse positions open. Moreover, 70 percent of California registered nurses hold only the associate degree, and are not prepared for expert clinical bedside care or clinical leadership positions.

As the sole graduate-only nursing

school in San Diego, Hahn is uniquely positioned to alleviate the nursing shortage, through the preparation of nurse faculty and advanced practice nurses. Whether it be schools of nursing at Cal State University - San Marcos (where 50 percent of the faculty are Hahn graduates), Point Loma Nazarene University (34 percent), or San Diego State University (21 percent), the Hahn School of Nursing and Health Science is educating the nurses that educate nurses, thereby driving the supply of nursing in San Diego.

Hahn also drives the quality of nursing, by producing most of the advanced degreed and practice nurses, who are the executive nurse leaders, manage specialty care nursing programs, and drive patient care and quality and safety programs at our acute care hospitals: Scripps Health, Sharp Healthcare, Kaiser Permanente and Palomar Pomerado Health. In primary care, these advanced practice nurses serve patients, especially those with chronic disease, in medical offices and clinics throughout San Diego.

Through the Office of Nursing Research, Hahn also provides the nurse scientists

who conduct research on best practices in our hospitals. Hahn research has also directly impacted the care of our military on the battle front.

Support for the Hahn School of Nursing and Health Science is crucial: without it, the goal of attaining an adequate supply of quality nurses in San Diego acute care hospitals and nursing schools is beyond reach. By continuing to provide clinical education par excellence, the Hahn School of Nursing and Health Science is preparing nurses who will secure the quality of healthcare in San Diego into the foreseeable future.



Linnea Axman, PhD, RN, FAAN; Captain, Nurse Corps, United States Navy; Executive Officer, Naval School of Health Sciences - San Diego; Clinical Associate Professor, Hahn School of Nursing and Health Science.



USD SON Alumni from left: **Jacqueline Rychnovsky**, PhD '04, RN; Captain, Nurse Corps, United States Navy; 19th Military Nurse Health Policy Fellow, Office of Senator Daniel K. Inouye (D-HI). **Barbara Taylor**, PhD '06, RN, Dean and Professor Point Loma Nazarene University School of Nursing. **Linda Urden**, DNSc '90, RN; Professor and Coordinator, Executive Nurse Leader Graduate Program, Hahn School of Nursing and Health Science; Chairwoman, Magnet Recognition Program. **Lori Burnell**, MSN, current PhD student, RN, Vice President and Chief Nurse Executive, Scripps Mercy Hospital. **Dan Gross**, DNSc '97, RN, Executive Vice President of Hospital Operations for Sharp HealthCare. **Brenda Fischer**, PhD '08, RN, MBA, Director, Center for Nursing Excellence, Palomar Pomerado Health.

Professor Connie Curran and USD Nursing Students Help Seniors at Bayside Community Center



Congresswoman Susan Davis (second from left) presents a \$167,000 grant check to support Bayside Community Center seniors. Professor Connie Curran (far right) and Congresswoman Davis were instrumental in obtaining the funds for the seniors. Also pictured, Mary Jo Clark, faculty (center), and Dean Sally Brosz Hardin (right of center).

Professor Connie Curran received a \$167,000 grant through the Center for Disease Control (CDC) for the School's Master's Entry nursing (MEPN) students to work with seniors at the Bayside Community Center using the STEPS Program. Congresswoman Susan Davis was instrumental in working with Professor Curran to obtain the grant.

"We are excited about it because it's the kind of program we've wanted to have," said Curran. "We can go into the home and help seniors realize that there are things that can keep them from being isolated."

A potential fall or injury often makes many seniors afraid to leave the home, Curran said. The goal of STEPS — which stands for Safety Through Education and Prevention Services — is to help keep seniors living independently at home with the opportunity to become involved in

the community through classes, senior lunches, and other programs to enhance their health and well-being.

The \$167,000 from the CDC will go toward paying for every part of the STEPS program, including personnel, case managers (who are multi-lingual in Spanish, English, and Vietnamese), equipment, training, and classes. Curran said that the program has made a significant impact on the lives of the seniors at Bayside Community Center.

"The most promising thing we've seen is getting the seniors out of their homes and getting them to come to activities, whether senior lunches, or our exceptional exercise program," said Curran. "They're getting out of their homes, which helps with depression."

Bayside Community Center is a collaborative partner with several groups

and agencies in San Diego, including the Hahn School of Nursing and Health Science. Bayside is located in Linda Vista and works to help ease the struggle for many needy people who live in north central San Diego. Linda Vista has a population of about 32,000 residents and nearly 10 percent are seniors. Many of these seniors are homebound due to lack of community and family cohesion, economic challenges, and a dearth of available information. Many of them also speak little or no English. STEPS, Professor Curran, and USD's MEPN students will help bridge that divide.

Curran will be working with USD Professor, Dr. Ann Mayo on a new research project at the Bayside Community Center. According to Dr. Mayo, the project at Bayside will involve brief screenings of memory, thinking, and functional status in older adults and it will complement community screening already in place at the community center.

"I'll be continuing work at Bayside, which means that I will be working with USD nursing students," she said. Curran received her master's degree in Nursing from USD in 1995.



Seniors at Bayside Community Center celebrate the grant award.



MSN STUDENTS KEEP A PROMISE IN UGANDA

When Dr. Anita Hunter and 15 MSN students traveled to Mbarara, Uganda in September 2008, their visit made an important statement. The USD team's third trip to consult on the new children's hospital confirmed to the community that they could count on these Americans. "The local people have seen too many foreigners come with big plans and showy beginnings, and then leave them with something half finished," Hunter says. "The fact that we've kept coming validates us. The community has begun to trust that we will keep our commitments, that this project is real, and their Children's Hospital will be built."

HOLY INN

Phase I of Holy Innocents Children's Hospital, a 60-bed medical ward and an outpatient clinic of the first children's hospital in Uganda, is now completed! Equipping and staffing are in progress.

The hospital is a collaboration among the diocese of Mbarara, the Holy Innocents of Uganda (an NGO based in Rancho Bernardo, CA), and the Hahn School of Nursing and Health Science, where Dr. Hunter directs the Office of International Nursing and heads the consulting team for the hospital. Hunter's aim in bringing students to Uganda is to enable them to experience firsthand the challenges of delivering care in another culture and to develop a more refined cultural responsiveness to care for patients back home. What they learn in Uganda will inform



LOCENTS CHILDREN'S HOSPITAL OPENED IN UGANDA, JULY 4, 2009

their work in rural settings, inner cities, and among underserved populations in the U.S.

"It hits them in the face," says Hunter. Living among the people they taught, traveling to villages with profound and preventable diseases, without health care access, electricity or safe drinking water, the students' first-world assumptions about treatment planning and public health fall away. "They come home with a new understanding of the realities of their patients' world."

MSN student Crista Cerra agrees. Cerra learned from a Ugandan nurse that people in her village distrusted the recommendation to boil water for drinking. The unboiled water had a smell and color that was familiar. The color and smell of boiled

water were different, and suspect. "My experience in Uganda has already influenced my practice," Cerra said. "It's helped me develop an open mind, a nonjudgmental and caring mind for people coming from different cultures. Wherever I work I'll carry those lessons."

With Hunter, the 15 MSN students trained 16 local people as Community Health Educators (CHEs), and worked with their new colleagues to produce a training manual. The CHEs will be the first point of contact in rural towns and villages, teaching public health practices and triaging patients for referral to the hospital. Hunter explains that the consulting team could advise and teach, but for the hospital to become a trusted part of the community the CHEs and hospital

staff must be local; the hospital must be theirs. Consultation will continue until the hospital is up and running, but Hunter has always been clear that the work must be time-limited, with the aim to help the people build their own competence.

In January 2009, Hunter took 12 students and faculty back to Uganda to help train the nurses and physicians who would staff the hospital. As the first children's hospital, it had to provide different services with specially trained professionals dedicated to saving lives. This summer, Hunter traveled back to Uganda for the hospital's opening ceremonies, the beginning of the end of the three-to-five year journey. "And then," she says, "we'll go consult somewhere else in great need."



Healing the Hand that Rocks the Cradle

Director of Research Cynthia Connelly receives largest research grant in University history

USD Office of Nursing Research Director Cynthia Connelly is excited. She and her three research assistants have spent the morning at La Maestra Community Clinic in San Diego's East County, piloting a questionnaire for her \$3.1 million NIMH (National Institute for Mental Health) grant to assess for depression in pregnant women and new mothers. At the clinic, one of nine in San Diego County where she and her team will be conducting the research, the small, crowded waiting room hums with voices in Somali and Spanish, English and Arabic. Small children squirm on their mothers' laps, or play with toys in the pediatric waiting area. An Iraqi woman in a headscarf gently pushes a stroller back and forth and croons to her restless infant. A young Hispanic couple talk softly, and next to them a middle-aged African Ameri-

can woman and her adult daughter wait quietly. In the children's waiting room Somali and Caucasian mothers watch as their toddlers play together. The clinic's doctors both speak Spanish; one also speaks Chaldean, and the other, Arabic.

Now Connelly is meeting with her research team: the research coordinator and the three assistants who will be administering the study; two psychologists who are co-investigators; the data manager, who's also the IT guy; and Kathy McCarthy, a Hahn doctoral student in nursing practice who also works as a nurse midwife at La Maestra. As the study's Principal Investigator, Connelly chairs the meeting. She wants to hear from everyone, and she hears every comment respectfully. Her comments and questions — what did you see, what do you think that means, how do people think we ought to handle this — reflect

her conviction that everyone on the team has expertise to contribute.

NIMH's grant reviewers welcomed her approach. Connelly learned that her grant application earned high marks for its being developed by a multi-disciplinary team which included nurses, sociologists, psychologists, and women patients.

The research assistants describe how clinic staff welcomed them, and their plans to work collaboratively with the staff. They talk about what information from the questionnaires they should be giving the OB-Gyns and nurse midwives who follow these women. Connelly offers some guidelines, but for specific procedures she turns to McCarthy, the midwife and doctoral student who knows the clinic's culture.

Connelly asks how the interviewing went and hears that the women were happy to take part in the pilot. One

woman couldn't do the whole interview because she had to pick up a child at daycare; however, to the researchers' surprise she came back two hours later to finish it. Another woman text-messaged her friend during the interview to tell her about it. "The stories!" Connelly says.

The research assistants reported that they didn't get any refusals or objections — women were glad to have a chance to talk about their concerns. "I see that a lot," McCarthy adds. "A lot of the moms really look forward to their visits. It's when they can talk about things on their minds."

The team interviewed 14 women, and 6 of them (42 percent), met criteria for significant depression, much higher than they'd predicted in the grant proposal. Numbers like that tell the team they're onto something. Several of the women asked to join the main study when it started. Connelly grins. This project is going to meet a need.

Psychologist Andrea Hazen, one of the two project co-investigators, calls the Partnership for Women's Health "incredibly important," explaining that the women they'll be screening are mostly low-income, minorities — a significantly underserved population who tend not to utilize mental health services. Hazen adds that there has been less screening done in OB-Gyn services than in other specialties. For many women their OB-Gyn provider is their primary care provider, possibly their only healthcare contact. Prenatal visits are an ideal point of contact.

Connelly has been studying the triad of violence, substance abuse, and maternal depression for more than 15 years. She's published extensively about intimate partner violence, and focused increasingly on its consequences for mothers and their infants. She's gained national and international recognition for innovative approaches to identifying and helping women at



USD Office of Nursing Research Director Dr. Cynthia Connelly assists a post-partum patient in a community clinic. Her multi-disciplinary research on depression in post-partum mothers received a \$3.1 million grant from the National Institute of Health.

risk for these stressors. Much of her work has been translational, incorporating her own and others' research findings into practical, clinically useful interventions. She's worked frequently with multidisciplinary teams of researchers and clinicians to focus pediatric, perinatal, child welfare, and judicial systems of care on reducing the damaging effects of this triad on mothers and their families. She's deployed information technology and support services in innovative ways to extend the impact of her work.

Her current grant, formally titled the "Collaborative Model Addressing Mental Health in the Perinatal Period," is funded over five years, 2008-2013, and will screen 4,000 pregnant and recently delivered women in the nine San Diego County community clinics. It relies on an easy-to-use computer-based assessment for depression that primary care providers can integrate into prenatal and well-baby visits.

Depressive symptoms can range from simply feeling sad or having reduced energy

to pervasive feelings of worthlessness and helplessness, disturbances in sleep and appetite, significant weight loss or weight gain, suicidal ideation, and suicide attempts. The developmental consequences of maternal depression for infants and young children are substantial and far-reaching. Mother-infant attachment can be compromised, and with it the child's cognitive and relational capacities.

In earlier studies, Connelly and her colleagues have documented that many maternal child health care providers (MCHCPs) know that the incidence of depression in this population is higher than among the general female population, and they recognize their responsibility to screen for depression. However, too often providers fail to do so, not for lack of concern, but because they don't know how to ask, or what to do when they identify depression.

The screening tool being computer-based, and its ease of scoring, increase the likelihood of MCHCPs using it routinely.



Dr. Connelly with patients and their children at the La Maestra clinic. Maternal depression can have adverse effects on a mother's children as well as the mother.

In an earlier study of Connelly's that assessed more than 700 women, MCHCPs reported that the tool was easy to use, and that it increased their ability to identify maternal depression.

If a woman scores high on depression, the study protocol calls for the MCHCP to initiate a referral to a mental health advisor (MHA). The MHA, an advanced practice nurse, clinical social worker, or psychologist, contacts the woman by phone and conducts a more in-depth screening. Depending on the findings, the MHA may educate the woman about depression, self-care, and mental health resources, and may also guide her toward appropriate treatment. For low-income women who are likely to depend on overstressed publicly funded clinics, the advocacy function is an especially important service, one that can make a difference between getting to treatment or not.

The project also aims to reduce the stigma of mental illness and cultural taboos about seeking help. Because maternal

depression affects not only the woman herself, but also her children, interventions that contribute to her well-being are highly leveraged. Hahn Nursing PhD candidates Kris Lampert and Amy Carney will work with Connelly on the intervention component of the study.

The Partnership for Women's Health is the largest research grant in the University of San Diego's history. Connelly's being awarded the grant reflects the School of Nursing's commitment to excellence in research. Connelly joined the Hahn faculty in 2003, and was named Director of the school's Office of Nursing Research in 2007. Dean Sally Brosz Hardin charged her with the task of building a substantial research program, with strengths in qualitative as well as quantitative research.

Speaking of Connelly's contribution, Dean Hardin said, "Our current health care crisis demands a whole new way of looking at nursing and health care, and highlights our need for scientific evidence

and data as a basis upon which we can transform health care. That is why USD prides itself on preparing the next generation of nurse scientists. Dr. Connelly is a superb nurse scientist. She is extraordinarily hardworking and persistent, relies on data to make clinical decisions, attends to every detail, and has very high expectations for herself and those with whom she works. She never takes on the role of prima donna, and is the first to volunteer to help others."

In addition to her distinguished publication record and ongoing research, Connelly brought the invaluable experience of applying for and receiving successively larger grants. Getting grant funding in the current highly competitive environment requires not only good ideas and good research skills, but deep reserves of tenacity. Connelly explains how researchers get funded: "You keep writing grants. A lot of them don't get funded."



A prenatal mother at La Maestra clinic — one of the clinics where Dr. Connelly's research is conducted. Over the next five years, Dr. Connelly will meet and screen 4,000 pregnant and recently delivered women in San Diego County.

You just keep on writing them and submitting; at some point one will get funded.”

At USD she teaches courses in research methodology, and mentors doctoral students, merit scholars, and faculty colleagues, helping them to develop an appreciation for research methods, and also to learn the critically important skill of grant writing.

Faculty colleague Kathy James, DNSc praises Connelly's influence: “Cynthia is fabulous. She's been a wonderful role model in research for me, and a mentor as well. She assisted me in writing two career-development grants. The applications are long and very time-intensive, especially when you're a new investigator. I don't know whether I could have done it without her. She has also mentored me in my relatively new role as researcher. She is a real asset to our school for colleagues and students and for the work she does in the community to address perinatal depression. We cherish her.”

Hazen, her co-investigator who's worked with Connelly on a number of studies says, “Cynthia is very collaborative, a real pleasure to work with. She's very generous with her time, with colleagues and students. She gives a great deal of time to doctoral students.”

About her teaching, Connelly says, “I just love it here. The students are phenomenal. Our doctoral students bring the most interesting questions from their practice. Their questions develop into the best research. Being able to work with them makes everything worthwhile.”

Connelly worked primarily as a clinician for the five years before she completed her MS in Family Nursing at USD. Her interest in research grew very slowly. She notes that's a familiar pattern for nurse researchers: a long period (often a decade or more) of clinical work and a

slow evolution toward research.

After receiving her MS, Connelly took a teaching position at the University of New Hampshire. By that time she knew she wanted to do research. She commuted to the University of Rhode Island to pursue her PhD in Nursing. She wrote grants at New Hampshire, and then, back on the West Coast, as a post-doctoral researcher at the University of Washington. In 1993 she joined the Child and Adolescent Services Research Center (CASRC), part of Rady Children's Hospital, as a research scientist, a position she continues to hold. CASRC offered her opportunities to collaborate with researchers in academic disciplines from anthropology to biostatistics and to write even more grants. She came to USD with a long list of publications and a solid track record in grant funding.

At the research meeting, the talk has turned to laptops and printers, the kind of nuts and bolts concerns that come up as

research moves from proposal to real-world implementation. A research assistant points out that they'll be bringing these to the clinic each time they're seeing women and collecting data. The weight of the printer is a serious consideration, and in clinics' tiny, crowded examination rooms, the size of its footprint matters. Bill, the IT guy, weighs in on the merits of a particular small, laser printer and there's a lively discussion about the cost of laptop bags with adequate padding.

Connelly is as interested in this conversation as she was when they were talking about clinical issues. Jane Hopkins observed that genius is the infinite capacity for taking pains, and Connelly's capacity is fully on display in this meeting. She's been working the better part of a decade to bring the Partnership for Women's Health into the world, and she understands that getting it right about the laptop bag is one more element that will help make that happen.



Associate Professor Kathryn McCarthy with La Maestra Clinic mothers and children. McCarthy, who is also a nurse mid-wife in the clinic, is assisting Dr. Connelly with her research.

DNP Program Meets A Groundswell of Demand

You know you've built a good program when you plan for an inaugural class of 10, and admit 16 outstanding candidates. That's what happened to the Hahn School's Doctor of Nursing Practice program in the fall of 2008. The director of the school's Advanced Practice Nursing Programs, Dr. Susan Instone, said that the applicant pool for the first class was very strong, with



The first cohort of DNP students, which entered in fall 2008.

candidates who had a clear vision of both the work they wanted to do and of the education they needed to accomplish it. "Among advanced practice nurses there's clearly a lot of demand for this kind and level of education," she said.

Maria Rodriguez, an assistant professor of medical-surgical nursing at San Diego City College and a member of the inaugural class, agrees. "This is something I've wanted to do, and I've been ready to do it. The program is exactly what I want." The current class is comprised of nurse practitioners and clinical nurse specialists with an MSN and significant clinical experience. Starting with this preparation,

they'll complete their doctorate in two years. All students are working, with time released from their employers on Thursdays, when classes meet.

Consistent with the Hahn School of Nursing's mission to prepare the next generation of nursing leaders, the DNP program aims to develop expert practitioners who can assess patient and system needs, analyze problems, and propose and implement innovative solutions in a variety of organizational and practice settings. Although the primary focus is clinical, students learn analytical skills to evaluate current research, and management skills required to advocate for and implement change in organizations.

A third of the program's academic units are in a "clinical residency," which provides an opportunity to refine clinical knowledge in the student's specialty area.

Each student develops an evidence-based clinical project that addresses a problem and implements an innovative solution. Many of these projects will be implemented in the students' current practice settings; but, if another setting is needed, students can draw on the school's more than 200 clinical affiliations.

Karen Macauley, who works as an FNP in a large primary care practice, identified a need for consistency among providers in their management of patients on anticoagulation therapy. For her clinical project she's developing a clinical pathway for consistent management, derived from evidence-based best practices. "It's provided an opportunity to look at the literature,

and to learn to interpret existing research. I've learned to look more at systems, and how to facilitate changes." Macauley finds the program "invigorating and inspiring. The DNP faculty see us as key people for thinking about healthcare systems."

Pursuing her long-standing interest in addictions as a major health care problem, Maria Rodriguez has embarked on a clinical project to develop better practices for healthcare systems to identify nurses with addiction issues, refer and support them in treatment, and reintegrate them into the workforce. She's developing outcome measures that can demonstrate the effectiveness of her approach.

Instone and her colleagues are already building on this year's program. By 2010 they'll roll out a four-year DNP program for candidates who start with a BSN and want to become an NP or CNS. Odds are they'll find more pent-up demand and another group of nursing leaders.



Dr. Susan Instone is the Director of the Doctor of Nursing Practice program and was instrumental in the program's accreditation.

Professor Karen Macauley Named Director of Expanded Simulation and Standardized Patient Nursing Laboratory



Nursing students in the Simulation and Standardized Patient Nursing Laboratory assist a trained patient actor. The lab recently added equipment and personnel to meet the growing demand for students training and conducting research.

Karen Macauley has been named the new Director of the Simulation and Standardized Patient Nursing Laboratory. USD is one of the few nursing schools in the country that specializes in Simulation and Standardized Patient Clinical teaching. Professor Macauley is working with SON faculty and the University's Department of Informatics to expand the Lab's services. All students in the SON now will complete approximately 25 percent of their clinical training

through the Lab, which has been expanded to include a birthing center, a trauma center, and a nurses station, in addition to seminar and debriefing areas for students. The Lab also has obtained several high-fidelity simulators, or computerized mannequins and anatomical parts.

A key feature of the Lab is that it is research-focused. In January, the Lab installed a new data management system called WebSP — a state-of-the-art computer software and digital camera system

New Faces

To accommodate the increase in students who come through the lab, Macauley has a number of new staff members joining her this year. Susan Bonnell, PhD(c), has assumed the position of Advanced Practice Standardized Patient Activities Coordinator. Dr. Susie Hutchins has come on board as the new MEPN Coordinator of Standardized Patient and Simulation Activities, and Ms. Paula Stinson is the new administrative assistant.

Growing by Leaps and Bounds

"We're growing by leaps and bounds," Macauley said. "We now have 300 students in the lab per week, with approximately 30 to 40 hours of lab training for APRN students." According to Macauley, the popularity of Simulation Learning is catching on in San Diego: 50 students from the University of California, San Diego Nurse Re-Entry Program will use the Lab this summer. Local hospitals, including Balboa, Scripps Mercy, Scripps La Jolla, and Rady Children's, are interested in partnering with the USD Simulation and Standardized Patient Nursing Lab to measure nurse competency.

that records, stores, and retrieves data related to students' clinical reasoning and judgment, and diagnostic, treatment, and psychosocial skills. "This allows us to record students' audio and video performance, so faculty have a chance to look at clinical performance and students can self-evaluate," said Macauley. "It also provides the opportunity to do research on teaching methodologies, evaluating what works and what doesn't from a teaching standpoint," she added.

Student Spotlight

Dr. JOANNE GRIBBLE (09) *Journalist, University Professor, Clinical Nurse Leader*

Nursing is the third career for Dr. Joanne Gribble, who received her Master of Science in Nursing from USD in May 2009. After her first career as a journalist, Gribble returned to graduate school, earning a PhD in communications and beginning a second career as a university professor. An influential nurse from Gribble's childhood kept the idea of nursing alive in her mind until 2006, when she began the Hahn School of Nursing's Master's Entry Program in Nursing. Gribble has twice traveled to Uganda as part of the Hahn Uganda Project, which aims to build a children's hospital and institute self-sustaining health care in the vulnerable area of Mbarara, Uganda. Her journalism expertise was illustrated in last year's cover of the *USD Nursing Times*, which featured a photo she took of nurses and children at a church service in Uganda. Gribble is now a critical care nurse at UC San Diego's Thornton Hospital in La Jolla. She hopes to return to Uganda soon to visit the Holy Innocents Children's Hospital she helped begin.



Alumni Spotlight

DENISE M. BOREN, PhD (01) *Assistant Professor of Adult Medical-Surgical Nursing*

Denise Boren, PhD, learned from a young age that education and hard work would be the foundation for success in all facets of her life. After earning her bachelor's degree in nursing from the College of St. Scholastica, Dr. Boren earned a master's in nursing from the University of Hawaii at Manoa. Her passion for learning and research would lead her to the Hahn School of Nursing and Health Science, where she earned her PhD in nursing in 2001.

Following her graduation, Dr. Boren joined the Navy Nurse Corps and served in a variety of leadership roles during her military career. As a clinical specialist in cardiovascular nursing, she spearheaded the development of the Heart Failure Clinic at the Naval Medical Center in San Diego. The clinic has been extremely successful in promoting the health, quality of life, and social support of persons with chronic heart failure.

One of the highlights of Dr. Boren's career has been her work with the Naval Health Research Center on the President's Emergency Plan for AIDS Relief (PEPFAR) in Africa. She serves as an advisor on palliative care to military, police, and corrections health care personnel in Swaziland and Zambia, and to the Palliative Care Association of Zambia and other non-governmental agencies working in those countries. Dr. Boren plans to develop a course that brings nursing students to the country of Swaziland to study and provide support for HIV/AIDS care programs.

Dr. Boren serves as an assistant professor in the School of Nursing at California State University - San Marcos. She resides in Valley Center, CA, with her husband, Tom.

In 2009, Dr. Boren received the Author E. Hughes Career Achievement Award as a representative alumna of the Hahn School of Nursing and Health Science.



Donor Spotlight

RICHARD CHARLTON

Mary Jane Charlton was always right. It's a lesson her husband, Richard Charlton, learned throughout the couple's 46 years of marriage. Even in the final months of her life, Mary, a Registered Nurse who served in World War II and post-war, still knew what was best for her retired husband.

"She wanted me to go to a local hospital in Sierra Madre/Pasadena area where we lived and become a volunteer," Richard recalls, "at first I thought, 'I'm a retired engineer. What do I know about working in a hospital?' But I went to Arcadia Methodist Hospital and they were glad to have me."

Soon after Mary's passing in 1996, Richard, at the urging of family members living in San Diego County, moved. He sold the couple's home and now resides in Vista, allowing him more time to visit his family, including six grandchildren.

Richard, 85 and a World War II Navy veteran, is still carrying out his wife's wishes. He volunteers at the Tri-City Medical Center emergency room, serving Vista, Oceanside, and Carlsbad. He also started the Mary Jane Charlton Nursing Scholarship for students at USD's Hahn School of Nursing and Health Science. Today, as it begins its second decade, 30 deserving students have benefitted from the scholarship.

As the national nurse shortage continues, Richard Charlton is doing his part to not only keep Mary Jane Charlton's memory alive, but doing what's right for others.

"Of all the professions in the world, I think nursing is the most honorable one out there," he says.



Mary Jane Charlton, RN

ANN ORWIG



"He received referrals from the athletes!" said Ann Orwig, remembering how popular her husband, Dr. James Orwig was. "Jim would help students and their parents too!"

During college, Dr. James Orwig was team captain for the University of Michigan football team, the Wolverines. Though, according to Ann, it wasn't just his athleticism as an offensive lineman that made him valuable, but his grades as well. He was selected as a first-team Academic All-American in 1955 and 1957. In 1959, Ann and James were married and moved to Long Beach where Dr. Orwig worked at the Long Beach Naval Hospital.

Ann retired from teaching first grade and she and James had their first son in 1965, and another, when they moved to San Diego in 1969.

Arriving in San Diego, Dr. Orwig became USD's Team Physician and also worked for local Sharp Memorial and Scripps Mercy Hospitals. Dr. Orwig eventually became Chief of Orthopedics and worked as a surgeon until his sudden death in 1989.

The Orwigs always have been generous donors to USD, and Ann has a 30-year history of giving. When Dr. Orwig died, the Orwigs' long-time friend and James's USD cohort in Athletics, William Curran, recommended that Ann consider a memorial scholarship for Dr. Orwig.

"Whenever the nurses in the hospitals had a problem, they would always go to my husband," said Ann. "It seemed natural to have a scholarship at the School of Nursing."

After a meeting with former Hahn School of Nursing and Health Science Dean Janet Rodgers, Ann felt confident that a scholarship would be used well at the School.

"It's fabulous," said Ann, regarding the James Orwig MD Memorial Scholarship that she set up. "I love when we get to meet our scholars at the Scholarship Appreciation Luncheon every year and they send us the most beautiful notes of thanks."



James Orwig, MD

New Faculty Spotlight

BARBARA SARTER, PhD, RN

Barbara Sarter came to USD in January 2009 after over two decades at the University of Southern California (USC). She founded the Family Nurse Practitioner Program at USC's School of Nursing. From 2004 until she joined the USD faculty, Sarter was Associate Professor of Family Medicine at USC, and Associate Director of LA Net, a Practice-Based Research Network dedicated to improving healthcare in Los Angeles' underserved populations.

Barbara received her PhD in Nursing Theory and Research from New York University and her Family Nurse Practitioner certificate from UCLA. She was awarded a Fellowship in Clinical Cancer Genetics at the City of Hope Medical Center and a Fellowship in Community-Based Practice from the National Organization of Nurse Practitioner Faculties. She has a Diploma in Homeopathy from the British Institute of Homeopathy. In 2008, Dr. Sarter spent six months in Calcutta, India, studying and conducting clinical research on homeopathic therapeutics at the PBH Research Foundation. She is on the Fulbright Foundation Senior Specialist Roster and serves regularly as a Visiting Professor at the National Taipei College of Nursing in Taipei, Taiwan. Barbara has three published books, one of which, *Paths to Knowledge*, won the American Journal of Nursing Book of the Year award. She has published many articles reporting on her clinical research of nutritional prevention of cancer and heart disease.



MARGARET "PEGGY" HOWARTH, MSN, RN



Professor Margaret "Peggy" Howarth obtained her degree at St. Lukes Hospital School of Nursing, her Bachelor of Science in Nursing at Assumption College in Worcester, MA, and her Master of Science in Nursing with specialization as a Pediatric Nurse Practitioner at the University of Massachusetts, Amherst School of Nursing. Professor Howarth also has specialized training in endocrinology, dermatology, IV infusions, and phlebotomy skills.

She is a Certified Pediatric Nurse Practitioner with more than 30 years of experience in all aspects of the care of children, from the infant to young adults. Professor Howarth has practiced in Neonatal Intensive care, coordinated the Trauma Support Teams for Cardiac, Trauma, and Respiratory Intensive Care units, and served as a private duty nurse for premature infants.

Professor Howarth has been a clinical instructor for Simmons College in Boston, where she conducted clinical practica at Children's Hospital. She also was an associate professor at Quinsigamond Community College, the University of Massachusetts, Dartmouth, and Becker College in Worcester, MA. She has had extensive clinical and teaching experience with the University of Massachusetts and its Medical Center.

FADI KHRAIM, PhD, RN

Fadi Khraim is an assistant professor of nursing in the Hahn School of Nursing and Health Science. Dr. Khraim completed a Doctor of Philosophy in Nursing from the School of Nursing at The University at Buffalo, The State University of New York. He received his BS in Nursing from Jordan University of Science and Technology and his Master of Science degree as an acute care nurse practitioner from the School of Nursing at The University at Buffalo, The State University of New York.

Dr. Khraim's major area of clinical expertise is acute and critical care nursing. He is a member of Sigma Theta Tau International Honor Society of Nursing, the American Association of Critical Care Nurses, and the Emergency Nursing Association. He teaches Medical-Surgical Nursing and Health Assessment for MEPN students.

Dr. Khraim's research interests are health care seeking behavior in acute illness and coronary artery disease electrophysiology. His doctoral dissertation research focused on understanding the predictors of decision delay behavior to seeking health care among patients with acute myocardial infarction.



KAREN SKERRETT, PhD, RN



Dr. Karen Skerrett is an associate professor in Psychiatric Nursing. She received her BSN from DePauw University, MS in Psychiatric Nursing from St. Xavier University, and an MA and PhD in Human Development and Psychology from the University of Chicago. She holds licenses in both Nursing and Clinical Psychology.

Dr. Skerrett formerly taught at the University of Illinois College of Nursing and the Family Institute at Northwestern University, and has maintained a private practice of marital and family therapy for the past 28 years. She consults widely in both healthcare and business settings.

Her research interests focus on the cultivation of resilience in families and organizations, the impact of chronic illness on couples and families, and the development of meaning systems as an aspect of positive health maintenance.





Hahn School of Nursing and Health Science: A Year in Pictures 2008

NURSING SCIENCE



Dr. Laurel Ecoff celebrates the completion of her doctoral dissertation, "An Educational Initiative on Evidence-Based Practice."



Dean Sally Brosz Hardin announces Dr. Connolly's \$3.1 million research grant at a special reception.



Dr. Rita Callahan with Dr. Anita Hunter (right) after defending her research on Daughters of Women with Breast Cancer.



DNP Program Director Dr. Susan Instone listens as MSN student Brian Beale explains his research on Emergency Medical Procedures.



The research team of the Peri-Natal Mental Health Grant celebrates.

INTERNATIONAL CLINICAL RESEARCH AND PRACTICE



Students present their international research at Research Day 2009.



Doctoral students unwind after poster presentations on Research Day.



Faculty Dr. Sophie Hutchins (left) with colleagues at Project Homeless.



In Mexico, a MEPN student shares heart sounds with her young patient.



Students scrub up and sign in at Project Homeless 2009.



Supporting House Resolution 676, to increase health coverage for U.S. residents and improve health care delivery.



MEPN students in Mexico vaccinate underserved children.

SON FAMILY HAS FUN!



Graduate Nursing Students Association officers welcome new members!



Joe Burkard (right) is excited to meet and greet the inaugural cohort of DNP students.



Dean Hardin with youngest "nursing applicant" at Christmas Brunch.



'Tis the season to be jolly!



Faculty members Dr. Fadi Khraim, Dr. John Lantz, Patricia Quinn, and "Peggy" Howarth enjoy lunch on the SON Terrace, while discussing "nursing theory."



The 2008 MEPN Beach Party.

STUDENTS AND DONORS AT SCHOLARSHIP LUNCHEON



Donor Patrick Morrin (front-left) is joined by student recipients of the Danvera Foundation Scholarship, Tiffani Zalinsky (back-left) and Erin Murphy (back-right).



Frank Lynn Blystone (center) and wife, Patti (right), with scholarship recipients Shanna Woodall (back-left) and Dante Segundo (back-right), who were able to join the Uganda mission with the Blystone's financial assistance.



Clinical Placement Coordinator Nancy Gaffrey and husband Bob Brennan, donors of the Brennan and Gaffrey Nurse Education Scholarship.



Ann Orwig (right), donor of the James Orwig Memorial Nursing Scholarship, with friend Ruth Dickinson.



Dick and Kaye Woltman with a student recipient of the Richard & Kaye Woltman Scholarship, Sarah Babini.



John W. Brown, trustee of the Harold and Catherine Johnson Scholarship, with nursing student recipients Summer Tekippe (left) and Meghann Nielsen (Right).

Scholarly Review

Faculty, Student and Alumni Publications

SPECIAL AWARDS OR APPOINTMENTS

Linda Urden, DNSc, RN, FAAN, has been appointed to the American Academy of Nursing Expert Panel on Magnet Advancements.

PUBLICATIONS

Aarons, G., Monn, A., **Hazen, A., Connelly, C.**, Leslie, L., Landsverk, J., Hough, R., & Brown, S. (2008). Substance involvement among youths in child welfare: The role of common and unique factors. *American Journal of Orthopsychiatry*, 78(3), 340-349.

Baldwin, K. M., Clark, A. P., Fulton, J., Hazard, B., Hopp, L., & **Mayo, A.** (2008). *Report on the validation of the National Association of Clinical Nurse Specialist core competencies through a national survey*. Harrisburg, PA: National Association of Clinical Nurse Specialists.

Benedict, S., & **Georges J. M.** (2009). Nurses in the Nazi "euthanasia" program: a critical feminist analysis. *Advances in Nursing Science*, 32(1).

Boone, B. N., King, M. L., Gresham, L. S., Wahl, P., & **Suh, E.** (2008). Conflict management training and nurse-physician collaborative behaviors. *Journal for Nurses in Staff Development*, 24(4), 168-175.

Brown, C. W., Wickline, M. A., **Ecoff, L., & Glaser, D.** (2008). Nursing practice, knowledge, attitudes, and perceived barriers to evidence-based practice at an academic medical center. *Journal of Advanced Nursing*, 65(2), 371-381.



Dale Glaser, PhD, RN

Browning, A. M. (2009). Empowering family members in end of life care decision making in the intensive care unit. *Dimensions of Critical Care Nursing*, 28(1), 18-23.

Browning, A. M. (2009). Incorporating spiritual beliefs into end of life care. *Journal of Christian Nursing*, 26(1), 11-14.

Burkard, J. F. (2008). Care of the pregnant patient. In C. B. Drain & J. Odom-Forren (Eds.), *Perianesthesia in nursing: A critical care approach*. St. Louis, MO: Sanders-Elsevier, 729-737.

Burrirt, J., Wallace, P., **Steckel, C., & Hunter, A.** (2007). Achieving quality and fiscal outcomes in patient care: the clinical mentor care delivery model. *Journal of Nursing Administration*, 37(12), 558-563.

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Lois Howland, PhD, RN

Chao, S.-Y., Chen, C.-R., Liu, H.-Y., & **Clark, M. J.** (2008). Meet the real elders: Reminiscence links past and present. *Journal of Clinical Nursing*, 17, 2647-2653.

Finocchiaro, D. (2008). Spirituality. In S. P. Hoeman (Ed.), *Rehabilitation nursing practice: Prevention, intervention, & outcomes*, (4th ed). St. Louis, MO: Mosby Elsevier, 594-609.

Garon, M., **Urden, L.**, & Stacy, K. (2009). Staff nurses' experiences of a change in the care delivery. *Dimensions of Critical Care Nursing* (28)1, 30-38.

Georges, J. M. (2008). Bio-power, Agamben, and emerging nursing knowledge [Keynote Article: State of the Discipline Issue]. *Advances in Nursing Science*, 31(1), 4-12.

Georges, J. M., & Benedict, S. (2008). Nursing gaze of the eastern front in World War II: A feminist narrative analysis. *Advances in Nursing Science*, 31(2), 139-52.

Georges, J. M. (2008). A praxis-based theory of suffering. *Communicating Nursing Research*, 41, 283.

Good, L. (2008). Ethical decision making in disaster triage. *Journal of Emergency Nursing*, 34(2), 112-115.

Good, L. (2008). Concept Development [Ready to Research Column, M. A. Gruden, Editor]. *Journal of the Association of Occupational Health Professionals*, 28(1), 14-15.

Hazen, A., Connelly, C., Roche, S., Hough, R., & Landsverk, J. (2009). Child maltreatment profiles and adjustment problems in high-risk adolescents. *Journal of Interpersonal Violence*, 24(2), 361-378.

Hazen, A., Connelly, C., Soriano, F., & Landsverk, J. (2008). Intimate partner violence and psychological functioning in Latina women. *Health Care for Women International*, 29(3), 282-299.

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Howland, L., Sullivan-Bolyai, S., Bova, C., Klar, R., Harper, D., & Schilling, L. (2008). The Research Advisory Committee: An effective forum for developing a research dynamic environment. *Journal of Professional Nursing*, 24, 241-245.

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Mary-Rose Mueller, PhD, RN

James, K. S., Connelly, C. D., Rutkowski, E., McPherson, D., Gracia, L., Mareno, N., & Zirkle, D. (2008). Family-based weight management with Latino mothers and children. *Journal for Specialists in Pediatric Nursing*, 20(30), 1-14.

Jaski, B. E., Romeo, A., Ortiz, B., Hoagland, P. M., Stone, M., **Glaser, D.,** Thomas, L., Walsh, C., & Smith, S. C. (2008). Outcomes of volume overloaded cardiovascular patients treated with ultrafiltration. *Journal of Cardiac Failure*, 14(6), 515-520.

Lyon, D., **Howland, L.,** Cheng, C., Pickler, R. H., Rattican, D., Brown, L., McGrath, J., & Jallo, N. (in press). Integrated review of the association of cytokines in blood with preterm birth and adverse neonatal outcomes: Part I. *Biological Research for Nursing*.

Macdonald, M. (2008). Technology and its effect on knowing the patient. *Clinical Nurse Specialist*, 22(3), 149-205.

Mayo, A. M., Wallhagen, M. I., Cooper, B. A., Mehta, K. M., Ross, L., & Miller, B. L. (2009). *Determinants in judgment and problem solving in persons with dementia*. *Journal of the American Geriatrics Society*, 57(4), S54-S55, Abstract.

Mayo, A. M. (in press). Telephone Nurse Advice and An AIDS-Related Crisis. In M. Lunney (Ed.), *Critical thinking to achieve positive health outcomes: Nursing case studies and analyses* (2nd ed.). Hoboken, NJ: Wiley-Blackwell.

Mayo, A. M. (2008). Measuring functional status in older adults with dementia. *Journal for Advanced Nursing Practice: Clinical Nurse Specialist*, 22(5), 212-213.

McGuire, S. & Boyle, J. (2008). The elephant in the room: Critical reflections on militarism, war and their health contingencies. *Advances in Nursing Science*, 31(2), 128-138.

McGuire, S. & Martin, K. (2007). Fractured migrant families: Paradoxes of hope and devastation. *Family and Community Health*, 33(3), 178-188.

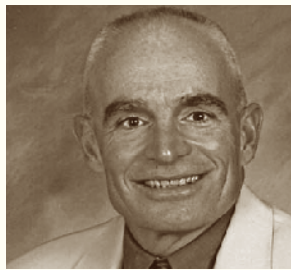
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Raheem Odeh Yosef, A. (2008). Health beliefs, practice, and priorities for health care of Arab Muslims in the United States: Implications for nursing care. *Journal of Transcultural Nursing*, 19(3), 284-291.

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Joseph Burkard, DNSc, RN

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Tung, S. & Hunter, A. (in press). Gender differences in coping and anxiety for post coronary artery bypass grafting surgery patients in Taiwan. *Heart & Lung: The Journal of Acute and Critical Care*.

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Urden, L. (2008). Psychosocial alterations. In K. Stacy & M. Lough (Eds.), *Priorities in Critical Care Nursing*, (5th ed., Chapter 4). St. Louis, MO: Mosby/Elsevier.

Van Tholen, R. (2009). Setting students up for spiritual care success. *Journal of Christian Nursing*, 26 (1), 41-48.

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Whitcomb, J. J. & Newell K. J. (2008). Skill set requirements for nurses deployed with an expeditionary medical unit based on lessons learned. *Critical Care Nursing Clinics of North America*, 20, 13-22.

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Zolnierek, C. D. (2008). Mental health policy and integrated care: Global perspectives. *Journal of Psychiatric and Mental Health Services*, 15(7), 562-568.

DOCTORAL DISSERTATIONS

Alperson, S. (2008). *Transformation with Tai Chi: The Experience of Community-Dwelling Tai Chi Practitioners*. Unpublished doctoral dissertation, University of San Diego.

Callahan, R. (2008). *International Communication: Its Effect on Early Screening Activities in African-American Adult Daughters of Mothers with Breast Cancer*. Unpublished doctoral dissertation, University of San Diego.

Ecoff, L. A. (2008). *An Educational Initiative to Promote Evidence-Based Practice*. Unpublished doctoral dissertation, University of San Diego.

Kannan, L. (2008). *Spirituality and Symptom Self Management of Osteoarthritis*. Unpublished doctoral dissertation, University of San Diego.

Odell, A. (2008). *The Contemporary Perspective of Wellness Through the Voices of the Kupuna*. Unpublished doctoral dissertation, University of San Diego.

Okhuizen-Stier, L. (2008). *Sense of Humor, Stress and Coping, and Outcomes in Children's Lives*. Unpublished doctoral dissertation, University of San Diego.

Taylor, M. A. (2008). *The Use of Healing Touch in Adults with Hepatitis C Receiving Interferon*. Unpublished doctoral dissertation, University of San Diego.

KEYNOTE ADDRESSES

Georges J. M. (2008, October). *Examining Suffering Through a Historical lens*. Keynote Address: Sigma Theta Tau International-Southern California Odyssey Conference, Cerritos, CA.

INTERNATIONAL PRESENTATIONS

Clark, M. J. (2008, November). *Nursing accreditation in the United States*. Paper presented at the Medical University, Kaohsiung, Taiwan.

Clark, M. J. (2008, October). *Nurse Practitioner education in the United States*. Paper presented at Hung Kuang University, Taichung, Taiwan.

Clark, M. J. (2008, October). *The Doctor of Nursing Practice*. Paper presented at the 2008 Nursing Leaders' Training Program, Taichung, Taiwan.

Clark, M. J. (2008, October). *Proposed United States regulatory model for Advanced Practice Nursing*. Paper presented at the Nursing Leaders' Training Program, Taichung, Taiwan.



Mary Jo Clark, PhD, RN

Georges, J. M. (Symposium Chairperson), O'Donnell, A., Shields, L., & Benedict, S. (2008, April). *Within and beyond the walls: Life and nursing in Ravensbruck Concentration Camp*. Symposium conducted at the Royal College of Nursing International Research Conference, Liverpool, United Kingdom.

Hunter, A. (2007, March & 2008, March). *Writing for publication, quality of life research methodologies, The effect of cultural immersion on student development, Developing a research trajectory, Health Promotion in pediatric Advanced Practice Nursing*. Papers presented at the National Taipei College of Nursing, Taipei, Taiwan.

Tung, S. & Hunter, A. (2007, June). *The relationship between coping, anxiety, and quality of life for Taiwanese post-CABG patients*. Paper presented at the Annual International Nursing Research Congress, Vienna, Austria.

NATIONAL AND REGIONAL PRESENTATIONS

Albert, N., Canary, C., Ellstrom, K., **Mayo, A.**, Sapnas, K. & Waldo, M. *Data analysis*. In *Recreate your CNS practice through research*. Symposium conducted at the meeting of the National Association of Clinical Nurse Specialists, Annual Conference, St. Louis, MO, March, 2009.

Alderman, J., Ashcraft, A., Bandos, J., Conley, D., DeRosa, S., **Mayo, A.**, Purvis, S., Salamon, L., Watt, C. & Yauk, S. (2009, March). *The science behind getting the ZZZZZs older adults need*. Poster presented at the annual meeting of the National Association of Clinical Nurse Specialists, St. Louis, MO.

Bonnell, S. (2009, March). *Effect of a family based behavioral treatment program on obese children*. Poster presented at the Western Institute of Nursing Conference, Salt Lake City, UT.



Susan Bonnell, PhD(c), RN

Brownell, B. (2009, March). *Psychometric testing of the IMP Skills Diabetes Scale in Mexican-Americans*. Poster presented at the Western Institute of Nursing Conference, Salt Lake City, UT.

Burkard, J. F. (2008, August). *Responsible conduct of research*. Research methods training symposium conducted at the Naval Medical Center, San Diego, CA.

Burkard, J. F. (2009, January). *Post-Operative nausea & vomiting: Evidence based consensus guidelines*. Symposium conducted at the 22nd annual University of California San Diego Anesthesia Update, San Diego, CA.

Carney, A. (2009, March). *Cognition and dementia: Forensic aspects in the elderly*. Poster presented at the Western Institute of Nursing Conference, Salt Lake City, UT.

Carr, I. (2009, March). *Cord blood donation by pregnant women for stem cell research*. Poster presented at the Western Institute of Nursing Conference, Salt Lake City, UT.

Connelly, C. (2008, February). *Maternal mental health, substance use, and intimate partner violence: A three-year study of adolescent mothers*. Poster presented at the American Psychological Association Summit on Violence, Washington, D.C.

Connelly, C. (2009, March). *Persistence of depression, intimate partner violence, and substance use among adolescent mothers*. Paper presented at the Eastern Nursing Research Society Annual Scientific Sessions, Boston, MA.

Ecoff, L., & Brown, C. (2008, October). *Descriptive research project guides movement towards evidence-based practice*. Poster presented at the National Magnet Conference, Salt Lake City, UT.

Etland, C. (2008, October). *Withdrawal of life-sustaining treatment: Evidence and ethics*. Paper presented at the Palomar-Pomerado Health Trauma and Chest Fest, San Diego, CA.

Faller, M. (2009, March). *Job satisfaction in a cohort of travel nurses*. Poster presented at the Western Institute of Nursing Conference, Salt Lake City, UT.

Feldman, H., **Clark, M. J.**, & Butlin, J. (2009, January). *Applying the new CCNE accreditation standards to DNP programs*. Paper presented at the AACN Doctoral Conference, Coronado, CA.

Fischer, B. (2008, May). *Making Research Relevant*. Paper presented at the California Association for Health Services Annual Conference, Palm Springs, CA.

Fischer, B. (2008, April). *Predictors of hospitalization for specific complex home health populations*. Poster presented at the Western Institute of Nursing Annual Communicating Nursing Research Conference, Anaheim, CA.

Fischer, B. (2008, May). *Predictors of re-hospitalization in home healthcare patients: Making research relevant*. Paper presented at the California Association for Health Services at Home Annual Conference, Palm Springs, CA.

Fischer, B. (2009, April). *Building new health services and outcomes knowledge: Predicting re-hospitalization*. Paper presented at the Western Institute for Nursing Annual Communicating Nursing Conference, Salt Lake City, UT.

Fischer, B. (2009, May). *Using original research to redesign care delivery in an integrated health system*. Paper presented at the Pre-conference session at the California Association for Health Services at Home Annual Conference, San Diego, CA.

Fuller, A. (2009, March). *Urban American Indians/Alaska natives; depression, alcohol and tobacco use*. Poster presented at the Western Institute of Nursing Conference, Salt Lake City, UT.

Georges, J. M. (2008, April). *A praxis-based theory of suffering*. Paper presented at the Western Institute of Nursing Research, Garden Grove, CA.

Georges, J. M. (2008, May). *An ethical analysis of nurses' actions in the Nazi euthanasia programs*. Paper presented at the Point Loma Nazarene University Department of Nursing, San Diego, CA.



Jane Georges, PhD, RN

Glaser, D. (2009, March). *Application of multilevel modeling to cross sectional designs and application of multilevel modeling to longitudinal designs*. Papers presented at the Annual Conference for the Personnel Testing Council of Northern California, Sacramento, CA.

Harper, K. (2009, January). *Healing your heart*. Paper presented at the Third Annual Health Heart Expo. University of California, San Diego.

Hart-Kepler, V. (2009, February). *How do Mexican-born recent immigrants make decisions about diabetes 2 self-care?* Paper presented at the Annual National/International Evidence-based Conference, Glendale, AZ.

Hart-Kepler, V. (2009, March). *Antecedent factors to emigration influence on self-care of émigrés with DM2*. Poster presented at the Western Institute of Nursing Conference, Salt Lake City, UT.

Izu, R. & Georges, J. M. (2009, March). *Use of Lavender *Angustifolia* to decrease informal caregiver suffering*. Poster presented at the Western Institute of Nursing Conference, Salt Lake City, UT.



Regina Izu, PhD(c), RN

James, K. S. (2008, March). *Family based weight management program for Latino mothers and children*. Paper presented at the 31st CANP Annual Educational Conference, San Diego, CA.

James, K. S. (2008, April). *Medical evaluation of the overweight child, obesity treatment and prevention conference*. Paper presented at Contemporary Forums, San Francisco, CA.

James, K. S. (2008, April). *Family based weight management program for Latino mothers and Children*. Paper presented at the Obesity Treatment and Prevention Conference. Contemporary Forums, San Francisco, CA.



Kathy James, DNSc, RN

James, K. S. (2009, March). *Strategies for care of the overweight pediatric patient*. Paper presented at the 32nd CANP Annual Educational Conference, Sacramento, CA.

Jaurigue, L. (2008, June). *School nurse-to-student ratios: Past, present, and future*. Paper presented at the Washington Health Policy Institute, George Mason University, Fairfax, VA.

Jaurigue, L. (2008, July). *Managing the multigenerational staff*. Paper presented at the Arizona School Nurse Consortium Annual Health Nursing Seminar, Scottsdale, AZ.

Lambert, K. D. (2009, March). *Violence, depression, and parenting stress among high risk postpartum women*. Poster presented at the Western Institute of Nursing Conference, Salt Lake City, UT.

Leach, L. S. & **Mayo, A. M.** (2008, April). *How rapid response teams perform as a team*. Poster presented at the Western Institute of Nursing Research Conference, Salt Lake City, UT.

Mack, J. (2008, September). *Implementation of a Rapid Response team model: Presentation of the Scripps Health system's experience implementing a Rapid Response team model throughout its 5-hospital system*. Paper presented at the Institute for Health Care Improvement (IHI), Hometown forums, San Diego, CA.



Jonathan Mack, PhD(c), RN

Mayo, A. M., Miller, B., Wallhagen, M., Ross, L., Cooper, B. & Mehta, K. (2008, November). *Measurement of functional activities provides insight into older adult judgment/ problem solving ability*. Poster presented at

the annual meeting of the American Academy of Nursing, Scottsdale, AZ.

Mayo, A. M., Miller, B., Wallhagen, M., Ross, L., Cooper, B. & Mehta, K. (2008, November). *Functional status and judgment/ problem solving among patients with Dementia*. Poster presented at the annual meeting of the Gerontological Society of America, National Harbor, MD.



Ann Mayo, DNSc, RN

Mayo, A. M., Miller, B., Wallhagen, M., Ross, L., Cooper, B. & Mehta, K. (2009, April). *Determinants of judgment and problem solving in persons with Dementia*. Poster presented at the annual meeting of the American Geriatrics Society Annual Meeting, Chicago, IL.

McGoldrick, M., Connelly, C., Georges, J., & Urden, L. (2008, April). *Changes in functional status from admission to discharge of home health cardiac patients*. Poster presented at the Western Institute of Nursing Research, Garden Grove, CA.

McGuire, S., & Drevdahl, D. (2008, October). *Public health nursing and undocumented immigrant populations: Seeing through media hype on "illegal" immigrants, or what's in a word?* Paper presented at the American Public Health Association, San Diego, CA.

McPherson-Ventura, D. (2009, March). *Is parental style related to overweight in Mexican-American preschoolers?* Poster presented at the Western Institute of Nursing Conference, Salt Lake City, UT.

Miklush, L. (2009, March). *Neurodevelopmental outcomes of high risk infants*. Poster presented at the Western Institute of Nursing Conference, Salt Lake City, UT.

Natipagon-Shah, B., & Clark, M. J. (2008, April). *Factors influencing mammography among older Thai women*. Poster presented at the 41st Annual Communicating Nursing Research Conference, Western Institute of Nursing, Garden Grove, CA.

Nespor, S. (2009, March). *Early RN identification of malnutrition in elderly patients admitted to SNE*. Poster presented at the Western Institute of Nursing Conference, Salt Lake City, UT.

Rutkowski, E. (2009, April). *Obesity risk knowledge and activity levels in families of adolescents*. Paper presented at the Western Institute of Nursing Conference, Salt Lake City, UT.

Rutkowski, E. (2009, May). *What is important to assess in adolescent families when evaluating levels of physical activity?* Paper presented at Obesity Treatment and Prevention: A National Conference for Primary Care Clinicians, Las Vegas, NV.

Rutkowski, E. (2009, February). *The role of risk knowledge, self-efficacy, and activity in levels of obesity in adolescents and their parents*. Paper presented at the 10th Annual Evidence-Based Practice: Translating Research into Best Practice with Vulnerable Populations, Arizona State University, Glendale, AZ.

Urden, L. (2008, March). *The CNS role in attaining and maintaining Magnet Status*. Paper presented at the National Association of Clinical Nurse Specialist Annual Conference, Atlanta, GA.



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A Message from Director of Development, Joan Katherine Martin



Everyone is affected in some way by the global financial downturn. However, as the economic storm clouds blow across the United States, stewardship gains greater importance. Just as we are all making difficult choices to contend with the economy, philanthropists are re-evaluating their priorities for giving. I believe that philanthropists should consider nursing a top priority, especially in this recession. Philanthropy is derived from Greek words meaning, “love of mankind.” Nurses serve mankind in their most vulnerable moments: at birth, during serious illness, and at death. Nursing, the most trusted profession, must be supported.

The availability and quality of nursing is the cornerstone of healthcare in any community. Whatever the healthcare setting — home, acute care hospital, skilled nursing facility, primary care clinic, or rehabilitation center — the nurse is the primary patient caregiver, educator, and advocate. Because of these important roles, projected job growth for nursing is greater than any other profession. However, we now have a “perfect storm” of factors, which have created a serious nursing crisis. Healthcare demands have increased significantly due to the aging of the population, where 78 million baby boomers are at retirement age. The complexity of healthcare has also increased dramatically,

due to medical specialization, complex drug protocols, technology, regulation, and patient acuity. Not only is there a need for more nurses, but for higher educated nurses as well. Unfortunately, due primarily to a lack of nursing faculty, nursing is not keeping pace with demand. According to the Health Resources and Services Administration, nationally, the current shortage of nurses could grow to more than 1 million nurses in 2020.

Besides caregiving for patients, nurses are also scientists. Nursing research is critical to the advancement of health promotion, disease prevention, and recovery from illness and injury. Florence Nightingale, the founder of modern nursing, not only cared for patients, but conducted the nursing research on infections and sanitation, which forever changed care of the military wounded. Today, nursing research at the Hahn School of Nursing and Health Science supports “best practices” in our hospitals, drives patient safety initiatives, and prevents medical errors, which plague our acute care institutions.

There should be no question that nursing philanthropy is critical, especially to graduate schools of nursing — such as the Hahn School of Nursing and Health Science — which produce faculty, advanced practice nurses, and scientists.

I’d like to thank all of our donors who have been so generous in supporting our nursing school, despite hard times. Our communities need nurses, so please continue to support our school or begin your legacy of financial support today. I’m available to answer any questions regarding gifts toward the Hahn School of Nursing and its many programs. Please feel free to contact me at (619) 260-4694 for more information.

Hahn School of Nursing and Health Science Donor Honor Roll 2009

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In Memoriam: Philip Hahn Jr., 1926-2008

Philip Yawman Hahn Jr., whose family's major gift helped establish the Hahn School of Nursing and Health Science, died on March 29th, 2008. He was 81 years old. He is survived by his widow, Jane Ann Simpson; his three daughters Martha Treece, Elizabeth Moran, and Catherine Anthony; and his son, Philip Y. Hahn III.

Born in Rochester, New York, Philip graduated from Dartmouth College and Harvard Business School, and served in the U.S. Army. In Rochester, he worked for the Crosman Arms, a family business, and later bought the Payne Drug Co. Always an entrepreneur, Mr. Hahn co-founded Higher Education Publications Inc. in Washington D.C., and later became editor and publisher of the *Blue Ridge Leader* in Purcellville, VA.

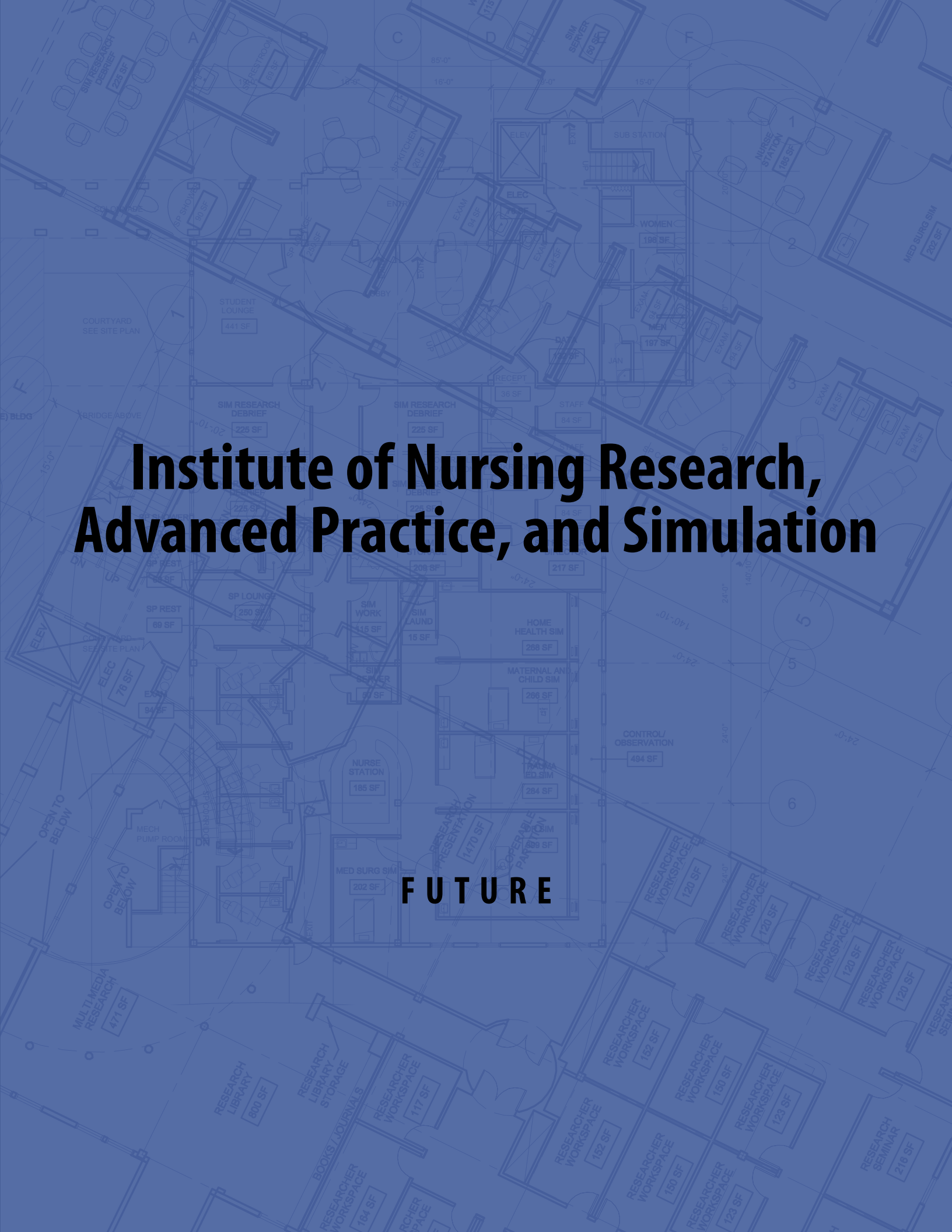
Philip Hahn Jr.'s father, with his wife Muriel, contributed to both the scholarship endowment and building funds for the current school. The faculty, staff, and students of the Hahn School of Nursing and Health Science salute the Hahn family for its generosity to nursing and the University of San Diego.



PAST



PRESENT



The image shows a detailed architectural floor plan of a building, likely a nursing simulation center. The plan is overlaid with a blue tint and features numerous rooms, each labeled with its name and square footage. Key areas include simulation rooms (e.g., 'SIM RESEARCH DEBRIEF', 'SIM WORK', 'SIM LAUND'), a control/observation room (494 SF), a nurse station (185 SF), a student lounge (441 SF), and several researcher workspaces (ranging from 117 SF to 184 SF). The plan also shows a courtyard, a multi-media research room (471 SF), and various support spaces like restrooms and a kitchen. The overall layout is complex and organized for functional use in a research and simulation environment.

Institute of Nursing Research, Advanced Practice, and Simulation

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